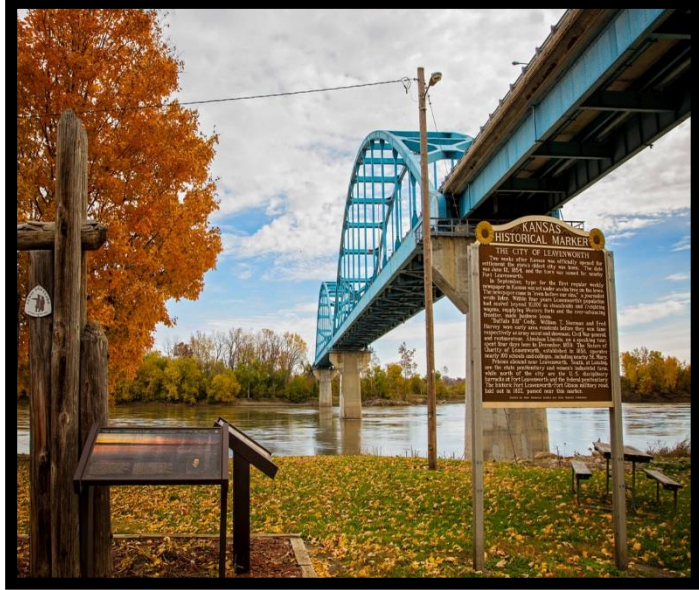


Psychology Internship Training Program 2022-2023



VA Eastern Kansas Health Care System (VAEKHCS)

Accreditation Status

The internship at the VAEKHCS is fully accredited by the Commission on Accreditation of the American Psychological Association. For information regarding APA accreditation of this or other internships, please contact:

American Psychological Association
Office of Program Consultation and Accreditation
750 First Street, NE
Washington, DC 20002-4242
Phone: 202-336-5979
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For more information about the program, please contact Dr. Jamye Brown at jamye.brown@va.gov

Psychology Internship Program

VA Eastern Kansas Health Care System



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Leavenworth MATCH Number: 130411
Topeka MATCH Number: 130412
Applications Due: November 15

Dear prospective interns,

Thank you for checking out our training brochure! We are glad that you are considering completing your doctoral internship training at a VA, and specifically, at our site. The purpose of this brochure is to describe the internship program at the VA Eastern Kansas Health Care System (VAEK). We have often heard from internship applicants that our brochure does not do justice to the quality of our VAEK training program. Applicants have commented that they were pleasantly surprised by the warmth and enthusiasm of our training supervisors, the breadth and depth of our training opportunities, and the flexibility of our program to meet the individual training goals of each intern. We have rewritten this letter for the 2022-2023 training year in hopes of providing a more complete introduction to our program – a way that might aid applicants in understanding why we believe our program is one of the best in the country!

VAEK has a long history of training psychologists. Internship training began at the Topeka campus in 1946, and was one of the first training programs to be started in the VA. We were first accredited by the American Psychological Association (APA) in 1974, and our program has maintained continual APA accreditation since (we are scheduled for our next site visit in 2022). Currently, VAEK is a multi-faceted program, providing opportunities for diverse training experiences amidst a supportive and flexible setting. We operate from a scientist-practitioner model, and promote measurement-based care and evidence-based practices. We also recognize the importance of the common factors in psychotherapy – to include the therapeutic alliance, the healing setting, and the psychotherapeutic structure. Our training opportunities are designed to give our interns the opportunity to integrate both the science and art of psychology practice, an integration that we believe leads to improved clinical outcomes, better insight into change processes, and increased satisfaction with clinical work.

We are committed, passionate, and excited about our program and training the next generation of psychologists. Furthermore, we are dedicated to providing a supportive and welcoming environment that values relationships and growth. Therefore, we place

a high value on offering quality supervision, welcoming people with diverse backgrounds and characteristics, and ensuring clinical care respectful of human diversity. Supervisors aid interns in creating a training plan which recognizes training goals in a true generalist model– taking into account the individual intern’s clinical strengths and growth edges. VAEK supervisors pride themselves on creating safe learning environments, in which interns are able to continue to expand clinical strengths and also challenge themselves in areas in which they have limited prior experiences. We are also committed to creating a therapeutic environment for, and ensure ethical treatment of, patients with diverse backgrounds and characteristics. As such, an important goal of the training program is to increase interns’ knowledge and skills in working with a wide range of clients from different cultural backgrounds.

Lastly, we want you to know that our program values a balance in dedicated clinical work and self-care. The investment that has been made to get a doctoral degree in psychology is SIGNIFICANT, and we believe that maintaining work-life balance allows the best opportunity for maintaining a fulfilling career in the field. Our internship is a 40-hour work week, and while we expect our interns to be at work on time, we also expect them to leave work ON TIME! In order to protect the work-life balance, we don’t want, nor do we allow, interns to work evenings or weekends. Our philosophy is that the best clinical work comes from providers who are as invested in in their non-psychology lives as they are in their psychology lives!

So, if you are asking yourself “*Why would I want to come to Kansas?*,” trust us – many of us have asked ourselves the same question. If you ask many of our former interns, they will tell you they didn’t plan on coming to VAEK for internship, but once they interviewed with us, they decided it was a great place for training. Then, if you ask many of our staff members (who were former interns), they will likely tell you they just couldn’t leave. So, be forewarned, should you decide to come to VAEK for internship, you just might end up deciding you like it enough to stay!

Thank you for taking the time to review our brochure! Please let us know if there are any additional questions that we can answer. Best of luck as you continue your career in psychology!

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Topeka

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Accreditation Status

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I. What Can Interns Do? - Training Experiences

LEAVENWORTH TRAINING ROTATIONS

Rotations at the Leavenworth VA are purposefully designed to be flexible yet comprehensive. The required major rotation is the Outpatient Mental Health Clinic. Other major rotations include the Addiction Treatment Program, Domiciliary, Primary Care Mental Health Integration, Integrated Health, and Neuropsychology. Minor rotations are possible in Research, Domiciliary, Primary Care Mental Health Integration, Neuropsychology, and Psychological Assessment. Close monitoring of the rotation contracts throughout the year assures that interns complete all the competencies in a timely manner. It is believed that interns will present to the training program with different strengths and weaknesses reflective of their University or Professional School emphasis in training. Therefore, the flexibility allows us to build on their strengths and efficiently address their growth areas. Fridays are reserved primarily for training activities including supervision with the training director, peer supervision, didactics, and/or dissertation work.

At the beginning of the year, the intern class meets all of the staff to learn about the different training opportunities from each staff member. There is flexibility to design the day of the rotation to meet the training goals of the intern. For example, an intern might select a particular day to be on a rotation to participate in a specific group offered on that day. Also the intern and the supervisor will decide what kinds of cases to work on together. The director of training creates the rotation schedules in close collaboration with the intern class. Interns will have an opportunity to voice their preferences in major and minor rotations; the training director will attempt to accommodate those preferences as best as possible though may not be guaranteed due to unit and staff availability at the start of the internship year.

Here is an example of a possible weekly schedule for an intern:

Monday	Tuesday	Wednesday	Thursday	Friday
Outpatient Mental Health Care	Training Period 1 Domiciliary	Primary Care Mental Health Integration	Addiction Treatment Program	Training & Dissertation Work
	Training Period 2 Neuropsychology			
	Training Period 3 Personality Assessments			

Strong Training Emphasis <i>(You will get this here)</i>	Moderate Training Emphasis <i>(You can get this here)</i>	Not Offered <i>(You won't get this here)</i>
Veterans Individual Therapy Group Therapy Assessment Evidenced Based Treatments Addictions Treatment Trauma & PTSD Outpatient Treatment Personality Disorders Serious Mental Illness	Marital Therapy Interns Providing Supervision Research Neuropsychology Administration / Program Development Health Psychology Geropsychology	Child/Adolescent Treatment Training inside a prison Eating Disorders treatment Active Duty Military Compensation & Pension exams

REQUIRED MAJOR ROTATION: (LEAVENWORTH)

Major rotations meet one day per week for the entire year. All interns will complete this rotation.

OUTPATIENT MENTAL HEALTH CLINIC (REQUIRED)

Outpatient mental health teams are composed of psychiatry, psychology, social work, and psychiatric nursing. A typical caseload for one day in the clinic would be 4-6 hours of direct client contact.

Supervision between the intern and supervisor occurs in several ways: weekly one-on-one discussions, feedback on recorded sessions and written reports, and acting as co-therapists in groups. Supervisors are available throughout the workday to answer questions or provide support for crisis intervention. Mental Health Clinic may be a source of therapy or assessment that can be used for the internship case conference presentations.

Interns on this rotation will have the opportunity to learn:

- Individual therapy including a minimum of one evidenced based therapy (Cognitive Behavioral Therapy for Depression, Cognitive Processing Therapy, and/or Prolonged Exposure).
- Group therapy (Anger Management, LGBT Safe Space group, Therapeutic Lifestyle Change for Depression, and groups for Combat-Related Trauma).

Interns may also gain experience in:

- Couples therapy, administration, supervision of psychology practicum students, and participation in interdisciplinary team meetings.
- Developing a new group is also an option if there are clinical needs to justify it.

OPTIONAL ROTATIONS:

These are rotations that the intern may choose depending on their interest. With the exception of ATP, these may be taken as minor rotations for one or two training periods.

ADDICTION TREATMENT PROGRAM (ATP)

The Addiction Treatment program serves diverse Veterans throughout the medical center who present with concerns related to alcohol or other substance use. On this rotation, interns will be involved in a comprehensive substance use disorder (SUD) experience to help prepare them for entry into VA or community-based psychology positions working with individuals struggling with addictive behaviors. Supervisors are flexible and able to supervise a range of students, from those with no prior SUD treatment experience to those who are seeking advanced training in this area.

Interns on this rotation will have the opportunity to do:

- Motivational Interviewing (MI)
- Group Psychotherapy (including groups based on Dialectical Behavior Therapy skills training and/or cognitive behavioral interventions for SUD)
- Participation within a multidisciplinary treatment team

Depending on their interests, interns could also gain experiences with:

- Cognitive Behavioral Therapy for Substance Use Disorder (CBT-SUD)
- Motivational Enhancement Therapy (MET)
- Therapy for behavioral addictions
- Smoking cessation
- Contingency Management (CM) for the treatment of stimulant use disorders

PRIMARY CARE MENTAL HEALTH INTEGRATION (PCMHI)

When an intern participates in the Primary Care Mental Health Integration (PCMHI) rotation, they will gain extensive experience delivering behavioral health services in a primary care setting. Interns will work alongside a variety of different disciplines such as physicians, nurses, dietitians, social workers, medical support assistants, and pharmacists. Clinical work includes brief and focused interventions targeted at

treating common mental health concerns, as well as interventions designed to improve an individual's physical health.

Interns will be afforded opportunity to master the following practices:

- 30-minute focused assessments
- Warm handoffs
- Brief cognitive screening
- Consultation with providers from a variety of disciplines
- Health behavior interventions

Depending on interests, interns could also gain experience with:

- Primary care protocols such as Prolonged Exposure and Problem Solving Training
- Brief CBT, Focused ACT, and Motivational Interviewing
- Pre-surgical evaluations
- Tinnitus Management group facilitation
- Consultation with emergency department and inpatient medical unit
- Presentations for medical staff
- Program/group development

INTEGRATED HEALTH ROTATION (MAJOR)

The Integrated Health Rotation is intended to function as three minor rotations (one four-month minor rotation at a time), selecting from Geriatric Psychology, Health Promotion/Disease Prevention, Home-Based Primary Care, or PCMH. Minor rotation selection will depend on level of interns' interest and supervisor availability.

Geriatric Psychology

When an intern participates in the Geriatric Psychology (Gero) minor rotation, they will gain experience delivering a variety of behavioral health intervention and consultation services in integrated health care settings. Interns will work alongside a variety of different disciplines such as medical providers, occupational and physical therapies, nursing, dietary, social work, and pharmacy. Clinical work includes brief and focused interventions targeted at treating common mental health concerns faced by older adults, as well as interventions designed to improve an individual's physical health.

Interns will be afforded opportunity to master the following practices:

- Focused intake assessments
- Warm handoffs
- Brief cognitive screening
- Consultation with providers from a variety of disciplines
- Health behavior interventions

Depending on interests, interns could also gain experience with:

- Cognitive Stimulation Therapy for Dementia
- REACH VA Caregiver Support therapy
- Narrative and Grief therapy for Hospice patients and families
- CPT, CBT-I, CBT-CP
- Consultation with CLC and GeriPACT
- Presentations for medical staff

Health Promotion/Disease Prevention (HPDP)

Interns on the HPDP rotation will have a unique opportunity to do both clinical work as well as teaching and training of medical staff within PACT. Interns will have the opportunity to work alongside a variety of disciplines and collaborate with specialty clinics within the hospital, including sleep clinic and respiratory/CPAP clinic. Clinical work consists of primarily Motivational Interviewing for health-

behavior change (adherence issues, weight management, healthy eating, physical activity, tobacco cessation).

Experiences interns may have on the HPDP rotation:

- Brief individual health coaching using Motivational Interviewing for health behavior change
- Sleep interventions, including CBT-I, sleep education group, and CPAP adherence
- Tobacco cessation (group and individual)
- Joint sessions with PACT team members and Veteran
- Assist PACT team members with using MI and patient-centered communication skills through consultation, joint sessions, or observation and feedback
- Assist with presentations/trainings on using MI and patient-centered communication
- Opportunities for program development and experience with Whole Health implementation
- Potential to collaborate with other specialty clinics for teaching/training

Home-Based Primary Care (HBPC)

Interns participating in the Home-Based Primary Care portion of the Integrated Health rotation will have a unique opportunity to conduct home visits with Veterans and their caregivers. Interns have the opportunity to interact with mid-level practitioners, registered nurses, PT/OT, dieticians, social workers, pharmacists, and the HBPC Psychologist in order to provide comprehensive services to Veterans with complex, chronic, and/or disabling conditions. Provided services include individual therapy, couples/family therapy, caregiver support, and psychological/neuropsychological evaluations. End-of-life issues, grief counseling, and health behavior interventions are commonplace in this rotation.

Women's Health Clinic (WHC)

On the Women's Health Clinic rotation, interns will do clinical work in a primary care setting, collaborating with primary care providers, nurses, social workers, health coaches, and psychiatry staff. Training will include integration of medical comorbidities and medication side effects as part of comprehensive assessment and care. Interns can provide both individual therapy for female veterans ranging in age from 18 to 80. Group psychotherapy experiences can include preventive care during pregnancy, support for Multiple Sclerosis and PTSD recovery.

Primary Care Mental Health Integration (PCMHI)

Explained above.

DOMICILIARY

Interested in being part of a multidisciplinary team of providers? Want to work with a diverse population of Veterans? If so, this rotation awaits you! The Domiciliary is a co-ed, recovery-oriented, 100-bed general mental health residential rehabilitation treatment program (MHR RTP). The Domiciliary provides services and care for a variety of issues including homelessness, chronic and persistent mental illness, substance use disorders, chronic health issues, employment readiness, return to a state of independence, and community reintegration to the community of their choice, with a typical length of stay of 120 days.

Team members may include a psychologist, social worker, rehabilitation technician, vocational rehabilitation specialist, psychiatrist, nurse, physician or nurse practitioner, dietitian, and recreational therapist.

Training opportunities for interns include:

- Multidisciplinary teamwork
- Case management
- Group psychotherapy
- Brief or long-term individual psychotherapy (including evidence-based approaches)
- Psychodiagnostic evaluations and brief assessments
- Crisis management

- Program development and/or evaluation
- Research

Interns may also participate in a variety of other individual training goals as identified.

Current group program offerings in the Domiciliary include:

- Building Resiliency Treatment Track (Transdiagnostic CBT)
- Life Path ACT (Transdiagnostic ACT)
- Trauma Symptom Management (ACT and PTSD psychoeducation)
- ReCLAIM (Universal Grief and Loss Processing and Psychoeducation)
- Anger Management Treatment Track
- Integrative Medicine Treatment Track (complimentary and integrative approaches)
- Stress Management
- Vocational Rehabilitation Treatment Track

NEUROPSYCHOLOGY

A rotation in Neuropsychology would consist of administering neuropsychological assessment instruments, scoring and interpreting the results, and writing an integrated, meaningful report. The test results are combined with medical history, behavioral observations, and clinical interviews to formulate a diagnosis and appropriate treatment recommendations. Feedback and education would then be provided by the intern to the referring source, as well as to the Veteran and possibly family members.

OTHER TRAINING EXPERIENCES:

Depending on staff availability and intern interest, there may be other training experiences available with research, Women's Health Clinic, or other clinical areas where psychology staff works outside of these primary rotations.



TOPEKA TRAINING ROTATIONS

Topeka interns will complete three four-month major rotations during the course of their training year. Major rotation experiences are intensive immersion experiences. Majors are 20-hours per week and are selected collaboratively by the intern and supervisor as the training year progresses. Interns will complete a required minor rotation in Evidence Based Practices. Focus of this experience will include Prolonged Exposure and Cognitive Processing Therapy, but interns may also gain experiences with Acceptance and Commitment Therapy, Cognitive Behavioral Therapy (for Depression, Insomnia, or Chronic Pain), Integrated Behavioral Couples Therapy, and Conjoint Behavioral Couples Therapy. In addition, interns will have four to six hours allotted to engage in other clinical activities consistent with training goals. These are elective or sampling experiences that offer the intern an opportunity to gain broader experiences in a variety of clinical areas. Elective experiences are dependent upon the major rotation and, like the major, are decided upon collaboratively with supervisors. Interns will participate in didactic trainings throughout the year and will train in assessment – including personality testing batteries and compensation/pension examinations.

Major Rotations	Example Elective Experiences
Mental Health Clinic Neuropsychology Stress Disorder Treatment Program Psychiatric Recovery and Wellness Women's Health Clinic	Addictions Suicide Prevention Research (*Most major rotations also allow interns to complete an elective experience in their clinics)

Topeka interns will have exposure to diverse populations and diagnoses in a variety of settings. A range of training experiences in intervention and assessment are available throughout the rotations. The table below illustrates how time is allocated to different clinical activities during the internship year.

<i>1st Rotation – 4 months</i>	<i>2nd Rotation – 4 months</i>	<i>3rd Rotation – 4 months</i>
Major Rotation #1 20 hours	Major Rotation #2 20 hours	Major Rotation #3 20 hours
Elective Clinical Experiences 4-6 hours	Elective Clinical Experiences 4-6 hours	Elective Clinical Experiences 4-6 hours
Required Minor – Evidence Based Practices 6-8 hours		
Assessment 4-6 hours		
Didactics and Supervision 4 hours		

Close monitoring of interns' rotation and training contracts throughout the year assures that interns complete all the competencies in a timely manner. We believe interns will present to our training program with different strengths and weaknesses reflective of their University or Professional School emphasis in training. Our job is to help interns build on their strengths and efficiently address their growth areas so that they leave internship ready to enter the professional world of psychology.

MAJOR ROTATIONS

MENTAL HEALTH CLINIC/ACUTE PSYCHIATRY UNIT

The Mental Health Clinic/Acute Psychiatry Unit rotation delivers services to over 1,800 Veterans. Veterans seeking treatment are evaluated by clinic personnel, after which treatment is provided. Veterans are then assigned to a treatment team consisting of a psychiatrist, psychologist, social worker, and nurse, as well as students in those disciplines. When Veterans require hospitalization on the Acute Psychiatric units, they are assigned to specialized teams.

Interns on this rotation will have the opportunity to do the following:

- Psychological assessments (including the use of the MMPI-II/MMPI-RF for general testing, as well as specialized testing for bariatric surgery, transplants, surgical implants for pain, and ADHD)
- Intake assessments
- Co-facilitate therapy groups in acute psychiatry or outpatient mental health
- Provide individual time-limited psychotherapy, including EBPs

Depending on their interests, interns could also gain experiences with:

- Taking on additional assessment or psychotherapy experiences
- Developing their own psychotherapy group
- Attending interdisciplinary team meetings—inpatient and outpatient

NEUROPSYCHOLOGY

The Neuropsychology Clinic is responsible for the cognitive assessment of adults with known or suspected central nervous system dysfunction. Referrals come to the clinic from throughout the facility and include both inpatients and outpatients. Common clinical populations include traumatic brain injury, dementia, seizure disorder, stroke, neoplasm, and pseudo-neurologic disorders. The clinic utilizes a flexible battery approach to neuropsychological assessment. The test results are combined with medical history, behavioral observations and clinical interviews to formulate a diagnosis and appropriate treatment recommendations. Particular emphasis is placed on writing meaningful reports that are helpful to both the patient and the referral source.

Interns on this rotation will have the opportunity to:

- Learn to administer, score, and interpret a variety of neuropsychological measures
- Write meaningful reports that are helpful to both patients and referral sources
- Participate in ongoing discussions of research findings, professional issues, and a variety of neurological disorders
- Provide feedback of assessment results
- Review brain imaging and its integration with neuropsychological data

STRESS DISORDER TREATMENT PROGRAM (SDTP)

The SDTP offers a 7-week residential recovery treatment program for Veterans with Post-Traumatic Stress Disorder (PTSD) and other stress-related disorders. This 21-bed unit is designed to help male and female Veterans and active duty personnel deal more effectively with traumatic experiences that occurred during their military service. Combat trauma, military sexual trauma (MST), and other kinds of traumas are treated utilizing Cognitive Processing Therapy (CPT) in both group and individual formats as well as Prolonged Exposure (PE) on an individual basis within a context of measurement based care. In addition to addressing PTSD symptoms, treatment focuses on evidence-based practices for the management of depression and anxiety symptoms, dual diagnosis, mindfulness; relationship problems, grief and loss,

readiness for change and sleep problems. The SDTP also offers yoga, tai-chi and biofeedback. The SDTP provides the intern an opportunity to develop numerous therapeutic and diagnostic skills while immersed in a trauma focused recovery environment.

Interns on this rotation will have the opportunity to:

- Be a member of an interdisciplinary treatment team and participate in daily treatment team meetings
- Co-lead CPT groups for PTSD with MST, combat and other kinds of trauma
- Co-lead traditional Yalom-based groups
- Lead/participate in psychoeducational classes
- Conduct individual CPT and/or PE for PTSD

Depending on their interests, interns could also gain experiences with:

- Psychological testing
- Conducting individual grief counseling
- Co-facilitating a dual diagnosis processing group
- Teaching a Cognitive Behavioral Therapy for Insomnia class or an In Vivo psychoeducational class
- Supervising a practicum student

WOMENS HEALTH CARE PROGRAM

The internship experience with the Women's Health Care (WHC) program offers interns opportunities for working with a diverse group of women Veterans. As a member of this integrated team, interns will gain experience in providing consultation to providers along with assessments, diagnosis, treatment planning, and assisting with care coordination. The model of care generally focuses on providing brief behavioral interventions for mild to moderate difficulties and referral for more severe conditions, though longer-term treatment is given to a select few based on type and complexity of need. Veterans presents to WHC with varying mental health and psychosocial needs including trauma experiences (e.g. intimate partner violence & sexual traumas such as MST), health concerns (e.g. insomnia, pain management, terminal illnesses, & obesity), and Gender-related/Reproductive issues (e.g. pregnancy, infertility, menopause, and post-partum depression). The intern experience in WHC prepares interns for working with these unique stressors and challenges experienced by service women and women in general. At least 8 hours (one full day) of commitment per week is preferred.

Interns will have the opportunity to:

- Conduct brief clinical assessments/intakes.
- Provide short-term and problem focused interventions, behavioral activation, phone check-ins, and structured protocols.
- Can provide long term/persistent care to a select few.
- Facilitate group psychotherapy (including groups based on DBT and/or CBT interventions).
- Facilitate the referral process for other therapies and treatments through-out the VA.
- Provide same day access appointments and interventions.
- Participate in medical meetings and trainings.

Depending on interests, interns could also gain experience with:

- Cognitive Behavioral Therapy for Depression (CBT-D)
- Cognitive Processing Therapy (CPT)
- Dialectical Behavior Therapy Skills Training (DBT)
- Skills Training in Affective and Interpersonal Regulation (STAIR)
- Interventions for health issues

PSYCHIATRIC RECOVERY AND WELLNESS (PRWP):

Psychiatric Recovery and Wellness Program (PRWP) is a 5-week, 17-bed residential treatment program aimed at mental health recovery through behavioral activation. PRWP assists Veterans presenting with a variety of concerns, including depression, anxiety, PTSD, relationship issues, maladaptive coping, substance abuse, etc. Services are offered via group therapy and psychoeducational groups. Interns will be trained in the implementation of the Therapeutic Lifestyle Change protocol, which emphasizes physical activity, social engagement, sleep hygiene, exposure to sunlight, dietary changes, and anti-rumination strategies in the interest of improving mood management. Additional group work involving DBT and ACT skills training, as well as PTSD Education, rounds out the picture. Previous inpatient/residential experience is not a requirement.

Interns have the opportunity to:

- Facilitate and co-facilitate groups
- Provide individual psychotherapy
- Gain exposure to a variety of clinical presentations, including serious mental illness
- Practice within the context of an interdisciplinary team
- Participate in program development and measurement-based care

REQUIRED MINOR ROTATION

EVIDENCE BASED PRACTICES

The Evidence Based Practices is a year-long minor rotation operated within the PTSD Clinical Team (PCT). PCT provides out-patient services for Veterans diagnosed with PTSD and is under the direction of a supervisory psychologist, Dr. Jim Sharpnack. Along with two staff psychologists, a nurse, and consulting prescribers, this multi-disciplinary treatment team provides care to more than 500 male and female Veterans. The mission of the program is to facilitate PTSD recovery.

Interns participating in this minor will develop skills in the following Evidence Based Practices (EBPs):

- Cognitive Processing Therapy (CPT)
- Prolonged Exposure (PE)

Depending on interests and opportunities, the intern may also get the opportunity to develop skills from the following EBPs:

- Integrated Behavioral Couples Therapy (IBCT)
- Cognitive Behavioral Conjoint Therapy for PTSD (CBCT for PTSD)
- Acceptance and Commitment Therapy (ACT)
- Cognitive Behavioral Therapy for Insomnia (CBT-I)
- Cognitive Behavioral Therapy for Depression (CBT-D)
- Cognitive Behavioral Therapy for Chronic Pain (CBT-P)

OPTIONAL MINOR ROTATIONS

SUICIDE PREVENTION

The minor rotation in Suicide Prevention offers a broad spectrum of opportunities, ranging from crisis management to program development and improvement. The suicide prevention team is responsible for identifying and flagging veterans in our health care system who are at high risk for suicide, coordinating enhanced follow-up care, communicating with BHIP teams, and regularly reviewing High Risk flags. We respond to veterans who have called the Veterans Crisis Line, consult with staff regarding high risk patients, and regularly engage with concerned family members. Interns who participate in suicide prevention will gain familiarity with suicide risk and protective factors, interact with veterans through telephone calls and individual and group appointments, conduct risk assessments with veterans hospitalized in acute psychiatry, and develop effective crisis management strategies. Education is a

significant component of the suicide prevention program, and interns may have the opportunity to present to hospital staff and provide outreach to various community organizations.

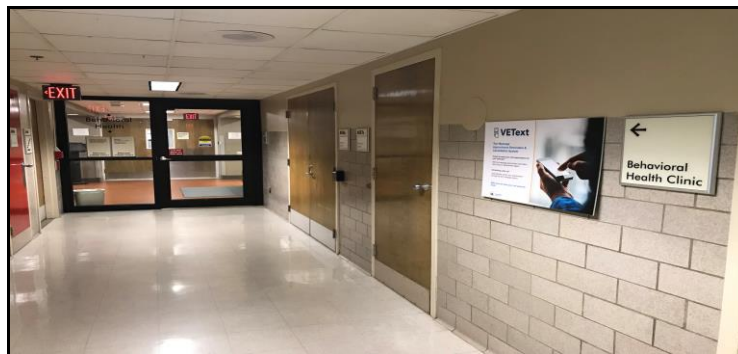
Participation in the suicide prevention program can be individualized, depending on the interests of the intern (and, to a lesser extent, the needs of the program).

Potential training opportunities include:

- Responding to veterans who have called the Veterans Crisis Line
- Conducting suicide risk assessments on acute psychiatry or medicine units
- Facilitating group psychotherapy (including safety planning and gatekeeper training)
- Providing follow-up care for High Risk veterans via phone or individual encounters
- Engaging in program development and improvement (e.g., developing SOPs, contributing to policy development, streamlining team procedures; developing/enhancing staff training materials/presentations)
- Participating in relevant committee meetings
- Providing community outreach

OTHER TRAINING EXPERIENCES:

Depending on staff availability and intern interest, opportunities for involvement in research may also be available.



II. Who Would I Be Spending a Year With? - Training Staff

PSYCHOLOGY TRAINING STAFF (LEAVENWORTH)

Jared Barrow, Psy.D. Psychologist, MHC, during the day, Trivia master by night. Undergraduate completed in engineering at Franklin W. Olin College of Engineering, completed doctoral degree at Florida Institute of Technology, with internship at the Leavenworth VAMC. It was such a great experience, I stayed on as staff! My interests include integrating diversity conversations throughout various applications of psychology, substance abuse, and program development. You can find me in my office or running (figuratively) around the Mental Health Clinic.

Kylie Dowell, Psy.D., Workplace Violence Prevention Program Coordinator & Staff Psychologist, Outpatient Mental Health Clinic. Licensed Psychologist in Missouri. Dr. Dowell graduated with her doctorate from Alliant International University, Fresno in California. Specializations: group psychotherapy, forensic psychology, individual psychotherapy, psychological and threat/risk assessment, Dialectical Behavior Therapy, VA-trained in Cognitive Processing Therapy for PTSD and Integrative Behavioral Couples Therapy. Member of the Association of Threat Assessment Professionals. Prior to working at the VA, Dr. Dowell worked at Northwest Missouri Psychiatric Rehabilitation Center, an inpatient forensic hospital, both as a post-doctoral psychologist and the Director of Psychology where she provided individual psychotherapy, competency evaluations, competency training, and sex offender treatment to those who were deemed Not Guilty by Reason of Insanity. She has held various roles in her time at the VA prior to her current role which include working in the residential domiciliary program, Addiction Treatment Program, and as Chief of the Domiciliary. Interests: reading, music, watching baseball and football (especially the KC Royals & Chiefs), and spending time with my family and our dog, Peanut.

Melinda Gaddy, Ph.D. Dr. Gaddy was raised in Washington, MO and fell in love with the field of clinical psychology when she was an undergraduate student at the University of Missouri. In particular, she dreamed then of a career that included both clinical work and research. For a first-generation college student, the prospect of pursuing graduate level education in any field was incredibly daunting, but her abundance of both enthusiasm and stubbornness helped her to complete her Ph.D. at the University of Kansas in 2013. She is now a licensed psychologist working as the Associate Chief of Staff for Research for VA Eastern Kansas. This means that she helps the Medical Center Director and Chief of Staff to provide administrative oversight for all of the medical, pharmacological, and behavioral health research activities at both the Leavenworth and Topeka campuses. She is able to supervise a minor research rotation for interns who are interested. She also devotes a portion of her time to clinical work and her own research protocols. In her spare time, she likes to watch documentaries, spend time with her husband and dog, and complete DIY projects around her home.

Amber D. Guzmán, Psy.D., LP, CCTP-II, Clinical Psychologist in the Domiciliary (MHR RTP). Dr. Guzmán resides by a pond with her husband, four dogs, cat, 17 chickens, two ducks, and three goats. In her past life, she moved around the country and world like a postage stamp, learning multiple languages and fostering adaptation skills (as well as a personal travel bug). Upon her return from living in Germany as a military wife, she returned to school with plans to become a forensic pathologist, because dead patients can't complain. But after a psychology of death class, she was hooked, and instead became a Thanatologist before pursuing further graduate studies. She graduated from the American School of Professional Psychology, Washington DC, with a PsyD in Clinical Psychology, and completed her internship at the Dwight D. Eisenhower VAMC where she has remained due to falling in love with the people and place. Dr. Guzmán provides therapy and assessment services in the domiciliary, including individual and group psychological interventions, specifically ACT, CPT, MI, and MET, complex trauma treatment (sensorimotor/experiential), mindfulness-based approaches for grief, chronic pain management, and other integrative services. She supervises and provides full psychodiagnostic assessment batteries including the Rorschach. She is a Certified Clinical Trauma Professional Level 2, and is also a VA ACT Consultant and Trainer. She provides staff and intern training and community presentations on various topics including mindfulness, caregiver stress, and trauma and complicated

grief. Dr. Guzmán enjoys reading books about death and dying, (especially zombie books), making jewelry, painting, music, PC and console gaming, and spending time with her husband and their menagerie of furry and feathered children. Suzanne Heflin, Ph.D., Psychologist, PCMHI. Her first career was in computer programming. After saving the world from the Y2K zombie apocalypse, she decided to switch gears and become a Psychologist. She obtained her master's degree from the University of Central Oklahoma, and her doctorate degree from the University of Missouri—Kansas City. Her primary theory of orientation is Emotion Focused Therapy, but in session she regularly uses Acceptance and Commitment Therapy. In her spare time, she enjoys cheering her spouse and kids on at various sporting events, and teaching kids mindfulness skills in a local karate dojo.

Suzanne Heflin, Ph.D., Psychologist, PCMHI. Her first career was in computer programming. After saving the world from the Y2K zombie apocalypse, she decided to switch gears and become a psychologist. She obtained her master's degree from the University of Central Oklahoma, and her doctorate degree from the University of Missouri—Kansas City. She completed predoctoral internship at Kansas University Medical Center, and postdoctoral residency at the Kansas City VAMC. Her primary theory of orientation is Emotion Focused Therapy, but in session she regularly uses Acceptance and Commitment Therapy. In her spare time, she enjoys cheering her spouse and kids on at various sporting events, and teaching kids mindfulness skills in a local karate dojo.

Benjamin A. Huston, Psy.D. (Suicide Prevention Team)

Dr. Huston attended the University of Denver where he graduated with his Master's in Forensic Psychology (2016) and then his Psy.D. (a month before writing this, 2020). Dr. Huston completed his Internship at the VAEKHCS, Leavenworth and was determined to stay around. His outside interests include science fiction, horror movies, board games, video games, birdwatching, and more. His wife, while supportive, describes these interests as “embarrassing.” Dr. Huston's areas of specialization include ACT; self-harm and suicide prevention; and group therapy.

Danna Letsch, Ph.D. Psychologist, ATP; Site Training Director, Leavenworth. Dr. Letsch was born and raised in the Midwest, obtained her M.S. and Ph.D. from the University of Kansas in Lawrence, and completed her predoctoral internship at the Topeka VA. Once an EKHCS psychologist position posted, Dr. Letsch jumped at the opportunity to join the wonderful VA staff! In her free time, she enjoys weight lifting and yoga, scrapbooking, organizing (a weird but rewarding hobby), attending art fairs and restaurants, and spending time with her husband, daughter, and friends.

Christina Menager, Ph.D., Psychologist, PCMHI. Dr. Menager received her B.A. in Psychology and Classical Antiquity and her M.A. and Ph.D. in Clinical Psychology all from the University of Kansas. She completed her predoctoral internship at VA Eastern Kansas Health Care System and her postdoctoral residency at the Kansas City VAMC. She returned to the Leavenworth VAMC in 2020 and joined the PCMHI team where she is able to pursue her passion of integrated mental health services. In her spare time, Dr. Menager enjoys spending time with family and friends, reading, cycling, baking, and playing with her pet pug.

Erin E. Mills, Psy.D., Dr. Mills was born in East Texas and raised in the suburbs of Atlanta, GA. She obtained her B.S. in psychology from Arizona State University and her M.A. and Psy.D. from the Arizona School of Professional Psychology at Argosy University, Phoenix. She completed her predoctoral internship at the Leavenworth VA and a postdoctoral fellowship with an emphasis in substance abuse at the Dallas VA. She was excited when the opportunity presented itself to return to the Leavenworth VA and join the ATP team as a psychologist in 2020. Dr. Mills has a strong commitment to working with Veterans as she has many family members who have served in the military, including her husband. She enjoys hiking, traveling, and spending time with her husband and pets in her spare time.

Rebecca L. Moberly, PhD, University of Kansas, 2001. Licensed Psychologist, Women's Health Center. Dr. Moberly has been here at the Leavenworth VA for two years. She previously worked over 10 years on the Spinal Cord Injury Unit at the VA in Augusta, Georgia, and so brought with her an emphasis on integration of physical and mental health care. She has experience working in the schools, with children and families, in outpatient mental health, doing disability evaluations, and with state and federal

corrections. She is an avid amateur genealogist and loves to read. She loves boxers--even the one that set her house on fire.

P. Chad Neal, Ph.D., Oklahoma State University, 2005. **Associate Chief of Psychology, Leavenworth Campus.** Dr. Neal moved a lot as the child of a contractor to Texas, South Korea, the Philippines, California, Connecticut, and Pennsylvania. He eventually got stuck in the small town of Poteau, Oklahoma where he came out as gay around the year 1993. That was not fun, but that experience helped to set him on the path of becoming a psychologist. Dr. Neal loves teach and has chosen many roles in psychology to fulfill that love such as being the director of training, providing CEs, and serving as a consultant for different EBP trainings. Dr. Neal is a member of the Motivational Interviewing Network of Trainers, serves as consultant for the VA Prolonged Exposure training initiative, and has completed EBP trainings in PE, CBT individual, CBT group, Motivational Interviewing, Primary Care Mental Health Integration, Cognitive Behavioral Therapy for Chronic Pain, and Cognitive Behavioral Therapy for Insomnia. He works with patients in the outpatient mental health clinic. Please feel free to talk nerdy to me about Star Wars, Star Trek (TNG, DS9, or DISCO), Rick & Morty, Nintendo, or Lego (AFOL here). I have two dogs, Rocket and Boomer. *Please note, the name Boomer has nothing to do with OU- not that there is anything wrong with OU.*

Christie Nelson, Psy.D., Home-Based Primary Care. Christie, an Illinois native, attended Monmouth College, where she majored in Psychology and minored in Philosophy. She went on to earn her Master's and Doctoral degrees in Clinical Psychology from the Forest Institute of Professional Psychology in Springfield, Missouri. She completed her internship at Atascadero State Hospital (ASH), a maximum-security forensic state hospital in California. Following internship, she was hired as an ASH psychologist, and her primary job duties focused on the detection of malingering and evaluation of competency to stand trial. Christie served as a federal law enforcement officer for seven years while working as a psychologist for the Bureau of Prisons. During her seven-year tenure with the BOP, she served as Drug Abuse Program Coordinator and held a collateral duty of Mental Health Consultant on the Crisis Negotiation Team. She joined the VA in September 2018. Christie enjoys traveling, exercising, spending time with her family, watching the Premier League, and attending Sporting KC games.

Debra O'Connell, Ph.D. (Neuropsychology)

Dr. O'Connell was born and raised in Southern California and earned a B.A. degree from the University of California, San Diego with a double major in Psychology and Archaeology. After a brief detour into a career in post-production and telecommunications (thanks, recession!), she decided to finally pursue her dream of attending graduate school in clinical psychology. After receiving a total of one interview and one offer, she earned her M.S. and Ph.D. from Washington State University in Pullman, Washington (Go Cougs!). During her first year of graduate school, she fell in love with neuropsychological assessment and decided to steer her training opportunities and career in that direction. She completed pre-doctoral internship at the VA Puget Sound Healthcare System – American Lake Division (neuropsychology track) and then went on to finish a two-year post-doctoral fellowship in clinical neuropsychology at the University of Nebraska Medical Center in Omaha, Nebraska. Her main areas of clinical interest are in memory disorders, movement disorders, and somatoform/functional disorders. Her areas of research interest are in psychopathic personality traits and executive functions as well as inter-rater reliability. In her free time, she enjoys binge-watching murder shows (the cheesier the reenactments the better), listening to criminal justice reform podcasts, and running/weight lifting.

Susan Paolo, Ph.D., University of Kansas, 1990. Clinical Psychologist in Outpatient Mental Health Clinic. Licensed in Kansas. During the past 30 years she has trained or worked at VA's in four states. Dr. Paolo serves as the Local Evidence Based Psychotherapy coordinator. The EBP she currently provides is Cognitive Behavioral Conjoint Therapy for PTSD. In supervision she enjoys sharing practical clinical resources and mentoring interns on their career development path. During nice weather, weekends are spent in the Kansas countryside helping to care for family property. Quilting and permaculture are current creative pursuits.

Amy L. Poindexter, PhD. Psychologist – Domiciliary. Born and raised in Kansas City, she received her undergraduate degree from The University of Kansas (go Jayhawks!). She then obtained her doctorate in

Counseling Psychology from the University of Missouri-Kansas City. After completing her post-doctoral training at the Harry S. Truman VAMC in Columbia, MO, she obtained her first job as a licensed psychologist at the Dwight D. Eisenhower VAMC in 2016. As an early career psychologist, she recognizes how much she still has to learn and is proud to be a part of such a supportive and fun psychology family. She spends the majority of her free time with her fiancé and two-year-old daughter.

Jenny M. Rosinski, Ph.D., A proud Iowa native, Dr. Rosinski was fortunate to begin her career as an undergraduate at the University of Iowa. She later received specialized training in the area of substance use disorders within the Clinical Psychology doctoral program at the University of Missouri-Columbia where she was mentored by Dr. Kenneth Sher. Dr. Rosinski continued her training as an intern at the VA Eastern Kansas Health Care System. She became a staff psychologist in the Addiction Treatment Program in 2009 and has served as Chief of the program since 2015. Having both a father and spouse who served in the military adds to Dr. Rosinski's commitment to working with a Veteran population.

Codi Schale, Ph.D., (EKHCS Pain Program Manager, EKHCS Whole Health Point of Contact, VISN 15 Whole Health Education Champion, National VA Whole Health Educator) Dr. Schale earned her degree in Psychology & Leadership Studies through Pittsburg State ("Pittsburg" without an "h"... the Kansas one!). She earned her Counseling Psychology PhD in Kangaroo country at the University of Kansas City, MO, but she is and will always be a PSU Gorilla at heart. (Go Rillas!) Before coming to the VA, she worked at the Leavenworth United States Penitentiary and at Fort Leavenworth, providing substance abuse treatment for two very different types of men in uniform. At the Leavenworth VA she has served in roles as Compensation & Pension Provider, Assistant Chief of Psychology, and most currently, as a Pain Psychologist. Dr. Schale is a strong advocate for integrative, Whole-Person, culturally sensitive care, driving initiatives at the local, regional, and national VA levels. Outside of work, she enjoys running ½ marathons, running after her twins, and running to various travel destinations throughout the world.

Jennifer Shah, Psy.D. - Psychologist, Health Behavior Coordinator, VISN 15 Network Education Coordinator for Whole Health, Integrated Health Rotation (Health Promotion/Disease Prevention) Dr. Jenny Shah grew up in a small town in New Hampshire and completed her undergraduate degree in Psychology at New England College. She went on to complete a Master's degree in Clinical Psychology at Roger Williams University in Bristol, Rhode Island, followed by a Psy.D. in Clinical Psychology at Florida Institute of Technology in Melbourne, Florida. She completed her internship at Gulf Coast VA in Biloxi, Mississippi and Postdoctoral Fellowship (Behavioral Medicine focus) at VA Boston. She started at Leavenworth VA in 2019. She enjoys spending time with her husband, who is an Army Veteran, as well as her wicked awesome dog, Ted, and two cats, Pumpkin and Batty. She also enjoys a good cup of coffee, being in nature, crossword puzzles, and occasionally dabbles in guitar (but is admittedly terrible at it).

Daniel D. Trent, Ph.D., (aka Dr. Dan), Psychologist, MHC. Dr. Dan's spent nearly 22 years in Federal Prison, prior to coming to the VA. He was able to go home most nights and served as Chief of Psychology for nearly 16 of those 22 years in prison. He actually graduated with a doctorate in Counseling Psychology from the University of Kansas, and completed internship in 1995 here at the Dwight D Eisenhower VAMC (unbelievably, he was rehired after prison). Dr. Dan's emphasis is on CBT group therapy, criminal psychology, addictions, and other stuff.

Alicia Wendler, Ph.D. - Psychologist, Domiciliary Assistant Chief & Admissions Coordinator. Dr. Wendler earned her degree at the University of Missouri-Kansas City and is a native to the area. She has been with VA since her predoctoral internship at the Leavenworth VA. Following internship, she was hired to serve first in the primary care setting, and along with two psychologist colleagues, helped develop the PCMHI model developed for Eastern Kansas. Dr. Wendler then transferred to outpatient addiction treatment setting, a good match given treatment for co-occurring mental health and substance use disorders has always been her specialty area, including research, training, and treatment. Dr. Wendler relocated to the state of Washington and gained experience in evidence-based treatment of opioid use disorder when she joined the methadone and suboxone treatment programs at VA Puget Sound. After several years on the West Coast (aka, Best Coast), she elected to return home to the Midwest, where she

is serving as the Domiciliary Assistant Chief at Leavenworth VA. Her personal goal is to visit all 7 continents and only has Asia and Africa left to cross off the "bucket list."

PSYCHOLOGY TRAINING STAFF (TOPEKA)

Brad Anderson, Ph.D. (Neuropsychology):

Dr. Anderson was raised on an Illinois farm and received his A.B. from Augustana College, where he played basketball and double majored in Psychology and Philosophy. He pursued a career in psychology after learning that philosophy ranked just below wizardry in employment opportunities, and he earned a Ph.D. in Clinical Psychology from the University of Health Sciences/The Chicago Medical School with an emphasis in neuropsychology and Chicago-style pizza. Internship was completed at the University of Oklahoma Health Sciences Center, where he attended the Oklahoma State Prison Rodeo (as a spectator) and was mentored by Russell Adams and the late great Oscar Parsons. In a successful effort to delay financial gratification, the next two years were spent completing a neuropsychology residency at the Medical College of Wisconsin. During this time he proposed to his future wife at the top of a roller coaster (she said yes between gravity-induced screams) and convinced her to join him in Kansas – home of the world's largest hand dug well, the world's largest ball of twine, and the world's largest prairie dog (spoiler alert: it's a concrete statue). Dr. Anderson was first employed as the neuropsychologist of an acute head injury rehabilitation hospital in Overland Park, where he worked for two years prior to joining the Topeka VA in 1995. Youthful activities that extended through graduate school (hot-rodding a 1968 Mustang, solo backpacking and climbing trips, and a secretive stint behind the wheel of a stock car) have given way to more responsible pastimes, including canoeing, fly fishing, and home remodeling. He cannot be found on Facebook, Twitter, or watching "reality" television shows. He frequents the western prairies in the fall, the Rocky Mountains anytime, and the engine compartment of a cantankerous Jeep. Dr. Anderson's children are off at college and he shares a country home with his wife (Caryn – who still loves roller coasters and Kansas), two British Labrador retrievers (Sadie and Murphy), and assorted wild creatures that roam their property.

Michael Black, Ph.D. (Psychiatric Recovery and Wellness Program)

I attended the University of Kansas (2006) and have post-doctoral training in neuropsychological assessment and primary care psychology. My specializations are Therapeutic Lifestyle Change, behavioral activation, prolonged exposure, mindfulness, emotion regulation, attachment theory, and judgment and decision-making. Apart from my professional interests, I enjoy collecting vinyl records, biking, hiking, and midcentury design. I'm also into film and film history. I am especially drawn zombie narratives and how they depict our relationship to various psychological problems, such as problem-solving under extreme stress, effective cooperation with others, and the important role of emotion in our definition of what it means to be human.

Jamye B. Brown, Ph.D. (Director of Clinical Training/PTSD Clinical Team):

Dr. Brown is originally from a small town in rural Northeastern Oklahoma. She attended the University of Tulsa, where she crammed four years of undergraduate education into five and earned a bachelor's in psychology. She then left Oklahoma for and headed south to Auburn University - the "most beautiful village on the plains." At Auburn, she became a Toomer-Tree hugging (RIP poor oaks), War-Eagle cheering, orange-and-blue-wearing Tiger fan. Dr. Brown also studied up on all the good things to eat in the South – and discovered that grits aren't just for breakfast, butter really IS its own food group, and anything can be deep-fried (and it will taste amazing!). She stayed busy with the gridiron and the gluttony, but was able to find time to squeeze in a fellowship with the Infantry Forces Research Unit at Fort Benning and she also completed a Ph.D. in Counseling Psychology. Dr. Brown's career goal was to work at the VA and she was lucky enough to be selected as an intern at the Topeka VAMC. After internship, Dr. Brown completed her post-doc licensing requirements as the Program Director of a special housing unit for inmates with SPMI at Lansing Correctional Facility. After two years of hard time, she was freed by an opportunity to return to the Topeka VA as a staff psychologist in 2001. Aside from work, Dr. Brown enjoys gardening and home improvement projects. She has a Great Pyrenees (Gracie the Wonder Dog) and a rehabilitated barn cat (Tatiana). Dr. Brown likes music and shopping for shoes. She also enjoys kayaking and hiking. She aspires to travel more – and tries to visit at least one National Park per year. She loves to cook – and she can't seem to break off her dysfunctional relationships with butter and the deep fryer. She continues to be an avid supporter of the Auburn Tigers. Dr. Brown works in PCT and is the Director of Clinical Training. She is credentialed in Cognitive Processing Therapy, Prolonged Exposure, and Cognitive Behavioral Therapy for Chronic Pain.

Stephanie LaRue Davis, Ph.D. (Suicide Prevention Coordinator)

University of Kansas, 2002. (Rock Chalk!) Licensed Psychologist in Kansas. Suicide Prevention Coordinator. She is VA-trained in several empirically-based psychotherapies for PTSD including Prolonged Exposure therapy, Cognitive Processing Therapy, Seeking Safety, and also Problem-Solving Training. Her outside interests include cycling and running, which come in handy for corralling her four-year-old daughter and two dogs!

Jonathan Denman, Psy.D. (Chief of Psychology):

Dr. Denman was born in Ammon, Jordan. With a mother who grew up in Palestine/Israel and a father who was a math major from Texas A&M (born and raised in East Texas), he refers to his childhood as multicultural with some “twang.” After receiving a bachelor’s degree from Harding University, he was accepted into the clinical psychology program at Regent University in Virginia Beach, VA. With the Virginia Beach/Norfolk area being heavily populated by active duty military and finding early success working with active duty military in the university counseling center, he pursued a practicum at the Hampton VA in the PTSD clinic. This experience led him to one of the best internship sites in the nation, VA Eastern Kansas Health Care System (VAEKHCS). Having no idea where Topeka was located (and being pre-iPhone era), he unfolded his map and made his way to Kansas, the “Sunflower State” (free fact for those not from here). After an incredible year of internship training and a couple years in community mental health, he joined the VA in Marion IL as a staff psychologist. He was eventually promoted to manager of the Primary Care Mental Health Integration Program and then later selected as the Associate Chief of Behavioral Medicine. Returning to VAEKHCS in 2019 as the Chief of Psychology/Behavioral Health Associate Service Line Manager, he now works with some of the most competent and passionate psychologists in the field. He is passionate about people, psychology, and the future of mental health care in the VA. He is a husband to one and a father to three. Hobbies include paint by numbers, losing to his son in video games, and trendy IPAs that ultimately taste horrible.

Kalyn Diamond, Ph.D. (VISN 15 Centralized Eligibility and Appeals Team):

Born in Houston, TX, she grew up in a farming community in South Central Oklahoma. After high school graduation (32 in her class), she ventured to the still small, but larger Stillwater, Oklahoma to attend Oklahoma State University as an undecided major. Although considering a psychology degree, she eventually settled on elementary education, and afterwards set off for Alaska as an adventure, teaching elementary school for 12 years on the Kenai Peninsula. While there, she caught a 60 pound halibut, snow machined in the Caribou Hills, took a small dory 35 miles to the other side of the Cook Inlet (very dangerous and unwise in retrospect due to the unpredictability of the Gulf of Alaska, but made it safely), walked on beautiful blue-green glaciers, ate much salmon, caught dungeoness crab with a fishing pole and tangled fishing line off the Homer Spit, watched glaciers breaking off and crashing into the Gulf of Alaska, had a mother moose and her twin calves sleep in her back yard one winter, watched killer whales swimming in the Gulf, beluga whales swimming at the mouth of the Kenai River, sea otters swimming on their backs eating shellfish, and pronghorn sheep perched on rocky cliffs. After her mom’s heart attack, she took a year’s leave from her teaching job to return to Oklahoma so her young son could get to know his grandparents. While there, she returned to OSU as a master’s student in Counseling as she felt this would help her be a better teacher. While she enjoyed teaching a great deal, she found she loved psychology even more so, and took a second year’s leave to complete her M.S. However, instead of returning to her Alaska teaching job that fall, she moved to Kansas to begin her Ph.D. at the University of Kansas. At KU, she completed a paid summer traineeship, her year long doctoral practicum, and an additional assessment practicum at the Topeka VA. After completing her internship at the Missouri Health Sciences Psychology Consortium, finishing her dissertation, and obtaining her Ph.D. with a minor in Health Psychology in 2007, she returned to the Topeka VA. She is VA credentialed in Acceptance and Commitment Therapy, Cognitive Behavioral Therapy for Chronic Pain, Problem Solving Therapy, and Cognitive Behavioral Therapy for Insomnia. Her training and interests include health psychology, neuropsychology, and geropsychology, and she enjoys the variety in these areas as well as dementia, pain management, coping with chronic medical illness, assessment of decision-making capacity, adherence to medical regimen, and end of life issues.

Troy Fox, Ph.D. (SDTP):

Dr. Fox was born and raised in a small town in Northcentral Wisconsin. He received his undergrad degree from the University of Wisconsin-Stevens Point, before moving to Kansas to begin the long journey of grad school with one goal in mind, to work with Veterans and PTSD. After a long and at the same time, a very quick six years, Dr. Fox graduated from the University of Kansas with his M.S. and Ph.D. in Counseling Psychology. During that time he completed a practicum with the PTSD Clinical Team at the Topeka VAMC. He enjoyed his time and the psychologists he got to work with so much, he decided to apply there for internship and successfully matched (whew)! During Dr. Fox's time at internship, the opportunity to apply for a position as a staff psychologist in the Stress Disorder Treatment Program opened up. This type of program was Dr. Fox's dream position, and he applied and got hired (another whew)! Outside of work, Dr. Fox is a donut connoisseur, a Harry Potter fanatic, enjoys being physically active (have to burn off the donuts somehow), and likes to cheer for and watch his home state teams (Packers, Brewers, Bucks, Badgers).

Michelle Haines, Ph.D. (SUD/PTSD)

Counseling Psychology, Colorado State University, 2000. Staff Psychologist: Substance Use Disorder/PTSD Specialist. Fields of specialization – Substance use disorders and recovery, Post-Traumatic Stress Disorder, individual and group psychotherapies. In her spare time, she hangs out with Guy Noir searching for the answers to life's perpetual questions or tagging along on Clive Cussler's adventures. She daydreams of hiking the John Muir Trail, rafting Cataract Canyon, and running the Ragnar Relay, but is more likely to be found thumbing through Cooking Light while enjoying a larger bowl of Breyer's Natural Vanilla ice cream (with real vanilla bean specks!) than she had planned.

Kristin Hines, Ph.D. (Outpatient Mental Health):

Dr. Hines was born and raised in Lawrence, Kansas until the ripe age of 18 when she and her BFF packed up all of their worldly belongings, which combined—filled a Honda Civic, and headed to the west coast. Having grown up landlocked, she moved around to various coasts to see what she had been missing. During the next decade or so of wanderlust and adventure, Kristin managed to find time for college, got a couple of degrees, and taught in the US and abroad. In the spirit of self-actualization, she second-guessed her career path (multiple times) and decided to give up the glamorous life of teaching in Southern California, an endless supply of red pens, sunshine, and summers off (what was she thinking?) and returned home to pursue a doctorate in psychology. She met a fella, fell in love, and had two babies. Before kids, she used to have hobbies such as reading for pleasure, going to shows, doing yoga, staying up past 10... After kids, well--she basically hangs out with the family.

Christi M. Houston, Psy.D. (Lead Psychologist; Stress Disorders Treatment Program):

Dr. Houston had a difficult time making it out of southwest Missouri for her educational pursuits as she had hoped. There are many reasons for this. This meant that she obtained a bachelor's degree in Biology from Missouri Southern State University; a master's degree in clinical psychology from Evangel University and a doctorate in clinical psychology from Forest Institute of Professional Psychology. Not much changed geographically when it came to her APA accredited psychology internship in the Wichita Collaborative Psychology Internship Program with her primary site at the University of Kansas School of Medicine-Wichita and her secondary site at the Wichita State University Counseling and Testing Center. Her big break from the central Midwest came when she completed her APA accredited postdoctoral fellowship in clinical psychology in Pittsburgh, PA at the VA Pittsburgh Healthcare System. Of note, this was a great year for Dr. Houston because the Pittsburgh Steelers won the Super Bowl that year! Soon she came to discover that the reasons that she had a difficult time leaving the area would suck her back which lead to some work as the Chief of Neuropsychology and a Clinic Administrator before her time with the Department of Defense (Fort Riley and Fort Leavenworth) began which led to a transfer to the Department of Veterans Affairs at the Veterans Healthcare System of the Ozarks and the VA Eastern Kansas Health Care System. Dr. Houston is trained in CPT and PE for PTSD and IPT for Depression. She is very passionate about evidence based psychotherapies, measurement based care and psychological testing. She is equally passionate about music, art, sports, family, friends and her cat.

Leif Frederick (Eric) Lyche, Ph.D. (Compensation and Pension Examiner/Primary Care):

Dr. Lyche was born in California but primarily grew up in Europe. His parents were both from Norway. He came back to the U.S. to complete high school in Lake Jackson, Texas before attending the University of Texas in Austin. He received his B.B.A. degree with a concentration in Finance. After college he moved back to California and worked three years for the Internal Revenue Service before going to Tulane University in New Orleans and receiving an M.B.A. with concentrations in Finance and Human Resources Management. He met his wife while living in California. They now have four children with two still in college as well as two guinea pigs. After several jobs in the business field he decided to make a career switch and went back to school at San Diego State University and received his M.A. degree in Psychology before moving to Kansas to start a Ph.D. program in Counseling Psychology at the University of Kansas. He graduated with his doctorate in 2012 after completing an internship at Northwest Missouri Psychiatric Rehabilitation Center. Subsequently he completed a postdoctoral fellowship at Larned State Hospital in their Psychiatric Services Program. He gained a lot of valuable experience dealing with people with severe and persistent mental illness. After living a year in Larned he was happy to be able to come back to Lawrence and start working at the Colmery-O'Neil VA Medical Center where he had previously worked as a practicum student while attending the University of Kansas. He is now primarily doing C&P disability examinations but also does some counseling in addition to working with the chronic pain group as part of his primary care duties.

Jessica Modrell, Psy.D. (Whole Health):

Dr. Modrell was born in Fort Collins, Co and raised in Norfolk, Nebraska. Growing up in Nebraska exposed her to the importance of number two yellow dent corn, cow tipping, and of course Husker football. She is married to her husband Justin and they have two sons, Samuel and Theodore. She attended George Fox University in Portland, Oregon where she earned her doctorate in being hipster and clinical psychology. She has a passion for mental health in primary care, working within a multidisciplinary setting, and training students. In her spare time she participates in private practice, and enjoys playing basketball, reading, and spending time with her family. She is passionate about her work with the Veteran population and adores every minute of being a mom.

Noah Mosier, Ph.D. (PTSD Clinical Team):

Dr. Mosier was raised in eastern Kansas and is a graduate of Kansas State University. He earned a MS at Southwest Missouri State University in 2003 and a Ph.D. at the University of Nebraska-Lincoln in 2008. He returned to Kansas in 2007 as an intern at the Leavenworth VAMC, and the following year joined the Topeka VAMC as a staff member. He currently works with the PTSD Clinic Team, and serves as the Topeka VAMC Local Evidence Based Psychotherapy Coordinator. One of his greatest talents is feigning empathy for colleagues when KU's major sports teams are embarrassed by K-State (aka Big Brother). He even goes so far as to ask seemingly sincere questions related to how long it will take, "if everything goes perfectly," for the Jayhawks to win a Big 12 football game. Other professional interests include program evaluation, emotion regulation, and implementation of evidence-based psychotherapies. Outside of work he enjoys guitar flatpicking, mid 90's indie rock, and anything that involves getting his kids outside.

Scott Ploharz, Ph.D. (PCMHI)

Dr. Scott Ploharz earliest memories are of touring Aircraft Carriers, Submarines and Smithsonian Museums on the weekends while living in Annapolis MD. In early childhood he moved to Utah and spent as much time as possible in the mountains, (leading to some anxiety later in life when moving to western Kansas and being on such an "exposed" flat area) doing fishing, hiking and anything else one does in the outdoors. He attended Weber State University, majoring in Psychology, and also Child and Family Sciences. While attending he got married and had two kids firmly cementing his status as a non-traditional student. A chance encounter at a research conference resulted in a move to Hays Kansas to complete a Clinical Psychology Master's degree and then a Ph.D. in Counseling Psychology from the University of Kansas. He completed a Practicum and Internship at the Leavenworth VA prior to joining the Topeka VA as a PCMHI Psychologist. He currently lives in Lawrence with his wife and three children, is committed to coaching (regardless of desire) 3 soccer teams and enjoys golf, cooking, and working to recover from graduate school.

Maureen E. Ruh, Psy.D. (Addictions) :

Being a glutton for punishment, Dr. Ruh completed her 3 undergraduate degree(s) with 176 out of a required 124 credit hours. She worked as a Recreation Therapist (and met her husband on a psych ward), prior to going back to grad school. She completed a MS and PsyD degree in Clinical Psychology at Florida Institute of Technology. She moved to Kansas for internship (Topeka State Hospital) and Postdoctoral Fellowships at The Menninger Clinic. After moving back to Florida for a dream job, she again heard the siren call of Kansas and returned to Topeka in 1991. She entered private practice (15 years), then worked as a clinic administrator for a rural community mental health consortium (3 years) before joining the VA. She is licensed in Kansas. Areas of specialization- Clinical Psychology; diagnostic assessment; PTSD; individual therapy; rural mental health; self-harm and suicide prevention; disability examinations.

Andrew Schauer, Ph.D. (Mental Health Clinic/Acute Psychiatry)

Born during the Eisenhower administration, Dr. Schauer grew up on the West Coast negotiating the war protests and civil rights issues of California life in the late 1960s - early 1970s. Only his beard commemorates that pivotal time of development. Bent on a PhD in early American History, he earned an undergraduate History degree at California State University – Sacramento. The promise of driving a cab in LA with a PhD in History, prompted him to stay on for a fifth year earning a Psychology Degree (1976). The lure of \$84 a semester (parking \$15) kept him at Cal State achieving an MA in Psychology (1978). Never wanting to work in a hospital setting (where he's been working since 1981) and to focus on more "normal" people (still looking), he pursued a PhD in Counseling Psychology at the University of Missouri-Columbia. Pushed hard by his training director, he reluctantly came to the Topeka VA to complete an internship and his PhD (1981). He planned to go back West. Life intervened and he stayed on VA staff for the next 4 years leaving for private practice / community hospital practice when threatened with VA leadership training. For the next 25+ years, he worked primarily in a community hospital serving as a voting member in early heart transplant teams, participating on various gastric procedure teams, providing in-house staff consultation as well as stress debriefings, and working with medical patients. His early work and publications (with other Topeka VA PhDs) focusing on Vietnam Vets – a time where limited PTSD understanding existed – prompted a wish to return to work (2010) with PTSD Veterans given a new body of literature and interventions. Currently, his primary tasks include Compensations and Pension evaluations, tele-psychology (group, individual, Prolonged Exposure therapies), CBT-I. He continues married with two sons and a daughter (at last, someone will come to visit when he's in the nursing home) – all in some form of tax-payer status. Hobbies include, reading, church activities, playing the piano (poorly), and fly fishing (fish need not fear).

Minervia Scott-Gray, Ph.D. (Women's Health):

Dr. Scott-Gray was born in Centerville, IL. and raised in Shuqualak, MS. Immediately (less than a week) following high school graduation she ventured to Jackson State University (JSU) where she majored in psychology and sociology. During this time, she volunteered for Contact Crisis Hotline and completed two summer research positions, first at Western Kentucky University and then at University of Illinois Urbana-Champaign. Her research endeavors not only provided opportunities to present research across the United States, but also broadened her horizon in regards to living in different cities and adjusting to living miles away from home (this would serve beneficial later in life). She met her husband during her freshman year of college. After graduating in 2005, they were married and she enrolled as a graduate student in the Clinical Psychology Program at JSU, which focused on research and multicultural issues with grounding in objective assessment and intervention. In addition, she taught introductory psychology courses, assisted undergraduates with research projects, and began her career as a generalist, providing treatment to several populations including substance abuse, serious mental illness, trauma, children, adolescents, college students, and dual diagnosis in both inpatient and outpatient settings. In June of 2010, she moved to Topeka, Kansas to complete an internship with the Eastern Kansas VA Healthcare system, her husband graciously accompanying her. She later accepted a position as a School Based Mental Health Coordinator in Emporia, Kansas where she commuted for a year and a half prior to happily returning to VA Eastern Kansas as generalist psychologist in the Mental Health Clinic (MHC). This position allowed her to grow as an entry level psychologist while providing a variety of services (intakes, individual, couples, and group therapy, psychological evaluations) to a diverse population of Veterans. She later accepted a position as the primary psychologist in the Women's Health Care program, which

fulfilled a lifelong interest in women's health issues. Other clinical interests include mood disorders, PTSD, and minority mental health. She lives in Topeka with her husband and their three children and enjoys reading, church activities, traveling, and spending quality time with family and friends.

Jim Sharpnack, Ph.D. (PTSD Clinical Team Program Manager):

Dr. Sharpnack was raised in Hominy, Oklahoma which is a sprawling metropolis of 3,565 individuals, but this number may be inflated due to the possible inclusion of prisoners at a local medium security prison located outside of town. It should be immediately noted that Hominy is an Osage term meaning "Night Walker" and not a reference to a canned form of corn. Another interesting trivia fact involves the Hominy Indians, a professional football team, defeated the World Champion New York Giants 13-6 on December 26, 1927 in Pawhuska, Oklahoma, the city where he was born. He later attended the University of Oklahoma where he played trombone in the Pride of Oklahoma marching band for two years while cheering on his beloved Sooners during times of great elation and resounding defeat. He met his wife, Donna, during their freshman years, and they began attending Sooner basketball games. After graduating in 1993, they were married and moved to Logan, Utah where he enrolled as a graduate student in the Combined Professional Scientific Psychology program, a combination of clinical, counseling, and school psychology approaches, at Utah State University. He was commissioned as a Captain in the Air Force for his 1 year internship at Andrews Air Force Base in Maryland, and he served his remaining 3 years at Cannon Air Force Base near Clovis, New Mexico. After leaving the Air Force, he worked as an outpatient therapist and in various administrative duties at the Guidance Center in Leavenworth, Kansas. He began working at the Topeka VA in 2007 in the PCT program and became program manager in April 2012. He has been trained in Cognitive Processing Therapy, Prolonged Exposure, Cognitive Behavioral Couples Therapy for PTSD, and Integrative Behavioral Couples Therapy. He lives in Shawnee with his wife and their 2 children, Logan, possibly named after the Canadian born X Man, and Mary Jane, who coincidentally shares the same name as Spider-man's famous girlfriend/wife depending on what era of comics you are reading. Donna is a math teacher at a St. James Academy in Lenexa. He enjoys reading comics, going to the library, reading science fiction/fantasy and nonfiction, attending comic book conventions, going to the movies, cheering on the Oklahoma Sooners/Oklahoma City Thunder/ Pittsburgh Steelers/ Pittsburgh Pirates/Pittsburgh Penguins (he does acknowledge that Oklahoma and Pennsylvania don't share a border), and attending his children's sporting events. His greatest influences include seeing Jaws at a drive in theater when he was 4 years old, having a strong aversion to popsicle sticks, and avoiding the sun at all costs.

Shannon Wilder, Ph.D. (Stress Disorder Treatment Program)

Dr. Wilder was born and raised in a small town in Minnesota on the Mississippi River. Because of this, she will always play Duck Duck Grey Duck and enjoy a nice hotdish at the end of a long day. After graduating high school, she traveled to Portugal and spent a year living with a wonderful family near the ocean. But, she missed the Midwest and then traveled to Ohio to complete her undergraduate degree in psychology at Ohio University in Athens, Ohio. She and her guy then moved to the big city of Cleveland, Ohio. Dr. Wilder took a few years off from school to work as a Project Manager at Case Western Reserve University. She loved Athens so much she returned there for the clinical psychology program. When she was deciding where to go for internship, she decided to apply to the Topeka VA since it was within driving distance from her home town even though she had never been to Kansas before. She was lucky enough to match and completed her internship at EKHCS. After internship, she moved to Wisconsin and spent a year working in the Mental Health Clinic at the Tomah VA. Then she had a baby and came back to the Topeka VA when a position opened up. She enjoys watching horror movies, reading, and cooking things her toddler hopefully doesn't throw on the floor.

III. What Do We Think About Training? - Training Model and Program Philosophy

The basic philosophy underlying our internship training program is grounded in the belief that given academic preparation of nearly a decade of undergraduate and graduate work, interns have attained a certain level of intellectual and emotional maturity which prepares them for the final formal educational and experiential step: the internship year. During the internship year, students are provided a supportive, supervised environment in which they continue to develop competencies while assuming growing responsibility for patients in preparation for functioning independently. Staff interactions with interns encourage movement toward autonomy. Interns at VAEK are actively involved in selecting supervisors, choosing training assignments, participating in training seminars and workshops, and providing evaluation and input into the internship program.

The VAEKHCS model for training is competency based within a scientist-practitioner framework. Competencies are defined by behavioral markers and are sequential, cumulative, and graded in complexity. Expectations are outlined in each of the competency areas for target level at end of each training period. The training year is divided into three training periods, and the intern is expected to achieve a higher level of competency with each successive training period.

The VAEKHCS is based upon a scientist-practitioner model as defined by several key components. Interns must evidence scientist-practitioner thinking as it applies to clinical work. The use of empirically supported treatments is required as a component of their clinical competencies. Interns will read current psychological literature and to provide one research presentation. Interns will demonstrate competencies in empirical evaluations of their work, as evidenced through monitoring outcomes of their work.

Training occurs through didactic training, clinical experience, ongoing supervision, and periodic evaluations. Interns are prepared for the practice of psychology and, thus, to enter the professional field in positions reflective of the training received.

Our training program is sponsored by and viewed as an integral part of the VAEKHCS, whose mission is providing excellence in care to veterans, military retirees and dependents. The overarching goal of the training program is to provide professional growth opportunities for the interns and trainees while enhancing the quality of patient care.

VAEKHCS Psychology Internship Training Program values diversity in staff, interns, and Veteran consumers. Our program welcomes people with diverse backgrounds and characteristics. We seek to create a training environment welcoming of diverse interns and to provide clinical care respectful of human diversity. The Medical Center strives to create a therapeutic environment for, and ensure ethical treatment of, patients with diverse backgrounds and characteristics. Thus, an important goal of the training program is to increase interns' knowledge and skills in working with a wide range of clients from different cultural backgrounds.

IV. What Do We Hope to Do? - Program Goals & Objectives

The aim of the VA Eastern Kansas Health Care System Psychology Training Program is to create an emotionally supportive and intellectually challenging environment for the development of competent, caring, and ethical psychologists trained to skillfully work with diverse populations. We emphasize quality professional relationships, critical scientific thinking, and high-quality supervision. We are committed to providing training experiences which promote professional growth and meet the individual needs of each intern.

GOALS AND OBJECTIVES

The goals and objectives answer the question as to why we are providing a training program and how we intend to measure our success in meeting the goals. The

Goal 1: Increase each intern's competency over the training year in preparation for the next level of professional development (Profession Wide Competencies)

- A. Demonstrate competency in research and scholarly inquiry
- B. Demonstrate competency in ethical and legal standards
- C. Demonstrate competency in individual and cultural diversity
- D. Demonstrate competency in professional values, attitudes, and behaviors
- E. Demonstrate competency in communication and interpersonal skills
- F. Demonstrate competency in assessment, conceptualization, and diagnosis
- G. Demonstrate competency in intervention
- H. Demonstrate competency in supervision
- I. Demonstrate competency in consultation and interpersonal communication

Goal 2: Develop and implement an intern-centered training plan

- A. Identify the individual training goals of each intern that include the intern's strengths, interests, and areas for growth
- B. Collaboratively select training experiences that promote development of the intern's professional competencies, that incorporate the individual goals of the intern, and that aid the intern in progressing to autonomy
- C. Write a competency development plan for each rotation which identifies specific competencies and how these will be achieved
- D. Foster a safe learning environment that promotes professional growth and exploration, recognizes and affirms the importance of continual professional growth, and enhances the intern's identity as a professional psychologist.

Goal 3: Provide a broad range of VA experiences in order to prepare the next generation of psychologists to meet the needs of our nation's veterans

- A. Complete a range of training rotations and experiences allowing for a broad generalist training experience
- B. Develop awareness of the unique dynamics of working with the veteran population
- C. Balance training with productivity by setting recommended hour targets of 520 hours for the year for direct patient contact, 200 hours for the year of supervision, and 100 hours for the year of didactic training

The underlying philosophy, goals, and objectives profoundly affect the interaction between staff and interns. Interns are trained and encouraged to move toward autonomous functioning as professional psychologists in a scientist-practitioner model. The training program emphasizes the active involvement of the intern in choosing training experiences, participating in training seminars and workshops, and in providing input into the internship program. Interns are provided ongoing evaluation/feedback to assist them with self-monitoring their own progress toward autonomy.

V. How Is This Put Together? - Program Structure

OVERVIEW:

The VAEKHCS Psychology Internship Training Program was officially integrated with the new millennium. The two sites have a long independent APA-accredited history. The COVAMC training program began in 1946, one of the first programs to be started in the Veterans Administration, and was fully accredited by APA in 1974. The DDEVAMC became fully accredited in 1980. Both programs were reaccredited independently in 1999 for the maximum reaccreditation of five years. In May 2001, an APA formal visit took place to review the merger of the two programs into the current joint training program. Notification was received in July 2001 awarding continuing accreditation status as a merged training program. The most recent APA site visit review was completed in 2016.

Our Psychology Internship Program is a one-year pre-doctoral internship in professional psychology. The VAEKHCS supports 6 funded doctoral intern positions – 3 are located at the Topeka site and 3 at the Leavenworth site. Each site, historically and culturally different in its approach and training emphasis, recognize common competencies, evaluation and administrative processes.

EXPECTATIONS AND BENEFITS:

1. Length of program: The 2080-hour internship will begin in late July, and will last for one calendar year. It is a 40-hour per week program (and we REALLY mean that!) lasting 12 months.
2. Training Components: Interns are required to complete a minimum of 520 hours of direct patient contact, 200 hours of supervision, and 100 hours of didactic training.
3. Funding: A stipend of \$26,565 (amount for 2021-22 year; 2022-23 TBD) is provided in 26 bi-weekly payments. Health benefits are available for interested interns. Exceptions:



- OPM rules state retired Federal Employees are not eligible for funding for this position.
4. The cost of living in this area is VERY reasonable, so the stipend in #3 goes a long way here!
5. Leave and paid time off consist of 10 Federal holidays, 12 days of annual (vacation) leave, and 12 days of sick leave. Authorized Absence is approved by the Site Directors for off-campus workshops and seminars.
6. Interns are strongly encouraged to complete their dissertations so they may be job-ready and begin documenting hours for licensure immediately following completion of the internship and graduation. We support your dissertation efforts STRONGLY while you are with us!
7. Staff and interns each have their own offices. Other training resources include video, audio and reproduction equipment, access to intralibrary loan through the VA, computer literature searches, periodicals and audio/video holdings, and auditorium facilities for meetings. (Yes – the above picture is of an actual intern office!)
8. As a Federal Employee, interns will complete pre-employment paperwork and some computer pre-training so that they can hit the ground running when they arrive on site.

INTERNSHIP ROTATIONS AND CASES

During the orientation phase, interns are familiarized with their respective medical center. They visit the various treatment units at their hospital as well as the staff psychologists assigned to those units. During this time, interns attend VA-required New Employee Orientation sessions and consider potential rotation sites and supervisors. Additionally, within the first couple of months interns have opportunities to visit the other site and participate in Psychology Service staff meetings with members from both sites.

Rotation options vary depending on the medical center location. See the specific site for more information on rotations.

SUPERVISION

Supervision is provided both formally and informally during the internship year. In keeping with APA and APPIC standards, a minimum of four hours of formal supervision is scheduled each week. Many additional hours are accumulated and logged through informal or extra scheduled time.

Supervision is provided as follows:

Director of Training: Jamye Brown, Ph.D. –Topeka Site Director

Associate Director of Training: Danna Letsch, Ph.D. – Leavenworth Site Director

- Provides general administration of internship
- Provides supervision related to the administrative tasks, and professional development
- Develops and maintains supportive relationship with interns at both sites
- Coordinates the didactic program
- Contributes to the evaluation of the interns
- Oversees completion of competency and minimum requirements
- Chairperson, Psychology Internship Training Committee

Primary Supervisor (assigned during orientation):

- Serves year-long as student advocate
- Provides general (student or issue focused) supervision
- Oversees the progress of competency achievement
- Recommends modification of training plan

Rotation Supervisor(s):

- Integrates activities of intern with rotation staff
- Supervises intern's rotation related administrative responsibilities
- Participates with intern in co-therapy/co-assessment as appropriate
- Oversees initiation and completion of rotation contracts
- Serves as case supervisor for ongoing psychotherapy and/or assessment cases
- Provides specific (patient focused) supervision of the therapy cases
- Oversees progress of intervention/assessment competencies

Peer Supervision:

- Provides intern opportunity for peer support/bonding
- Encourages opportunity for networking

Group Supervision:

- Site Training Directors meet with their site's interns to discuss intern class issues, professional development issues, discuss administrative issues, and discuss journal articles on ethics, scientist-practitioner models, etc.

OTHER SUPERVISED TRAINING EXPERIENCES

Whatever roles are attributed to psychologists in professional practice are appropriate training activities during the internship. Specifically, these include assessment, interviewing, psychotherapy, consultation, administration, research, program development, and training. While not all of these experiences may necessarily be gained during the internship, the majority can be gained over the course of the internship through rotation assignments and psychotherapy and assessment casework.

DIDACTIC TRAINING

Formal didactic training addressing each of the seven competency areas is provided weekly. Each session is one hour and is presented through videoconferencing format. Thus, interns from both sites along with psychology staff join together weekly for educational purposes. Each session is facilitated by a senior Psychology staff member or outside mental health professional. In addition to these regularly scheduled seminars, additional opportunities for elective didactic training are provided through Continuing Medical Education, Psychiatry Grand Rounds, special half-day seminars supported by Psychology Service with outside speakers, and/or special presentations by pharmaceutical companies. Online didactic training covering a wide variety of topics is also available. Interns are required to log a minimum of 100 hours of didactic training during the course of the year.

INTERN EVALUATIONS

The evaluation process is an important aspect of the overall training program. It is an ongoing process that allows for quickly identifying and correcting growth areas. Criteria for competencies are outlined in the training manual. There are numerous avenues for demonstrating competencies, including rotation activity, individual cases, and case presentations. Evaluations are formally completed using a set of standardized competency measures and criteria at the end of each training period. This set of measures and criteria, along with a summary graph, guides supervisory feedback during mid-training period evaluations.

1. **Entry Level Evaluation:** During orientation, the intern is evaluated on entry-level requirements including, to include general knowledge relevant to VA psychology, psychological report writing, and basic therapy skills (knowledge and demonstrated skills).
2. **Training period Evaluations:** The interns develop competency development plans with their supervisors at the beginning of a training period. Certain mandatory experiences, as outlined in the training manual, must be successfully completed during the internship year. The intern is evaluated informally midway and formally at the end of each training period (every four months).
3. **Case Conference Evaluation:** Interns are expected to present two case conferences each year as another means of demonstrating competencies: one assessment-oriented case and one therapy-oriented case.
4. **Competency Progress Form:** Supervisory Psychology staff and interns meet every four months to formally discuss the progress each intern is making. Criteria documentation, contracts, and case conference evaluations are reviewed with the intern present. Competency Progress is noted and signed off on by all parties. Copies of the Competency Progress Form and summary are made available to the Academic Training Director.

VI. COVID-19 Response and Impact on Training

The primary goal of the VAEK Psychology Training Program is to protect the health and wellbeing of interns, staff, and Veterans while maintaining our commitment to providing high quality training that promotes the development of profession-wide competencies and meets our accreditation standards. Our program has implemented many modifications and safety precautions in response to the COVID-19 Global Pandemic. These include the implementation of telehealth, telesupervision, and telework. These changes are in line with flexibilities now permitted by the American Psychological Association (APA), Association of Psychology Postdoctoral and Internship Centers (APPIC), and the VA Office of Academic Affiliations (OAA) and are also supported by the Veterans Health Administration (VHA), VA Eastern Kansas, and our local psychology leadership.

The following sections provide information about modifications in recruitment and training:

RECRUITMENT

At this time, VAEK is planning to offer applicants the choice between in-person or virtual interviews. Given the dynamic nature of the pandemic, VAEK will follow the APPIC recommendations, CDC guidance, and local regulations to best insure the health and safety of our applicants. This could mean that the option for in-person interviews is eliminated and all interviews will be conducted virtually.

CLINICAL TRAINING

The clinical rotations listed within this brochure are up to date, and all rotations listed are expected to be available during the 2022-2023 training year. Rotations have been adapted to enhance safety protocols for interns, Veterans, and staff. Where possible, interns are encouraged to use telehealth modalities for the provision of clinical services to our Veterans. At the current time, many outpatient services are delivered virtually. Our residential units are re-opened, and are implementing the guidelines recommended by the Centers for Disease Control (CDC). Residential units have a reduced capacity, require COVID testing of all residents at the time of admission, enforce mask requirements for all Veterans and staff, and provide adequate space for social distancing. When considering training plans throughout the year, we encourage interns to consider their own health factors and comfort levels and we support individualized decisions regarding rotation selection and COVID concerns.

SUPERVISION

VAEK supervisors remain committed to and active in the provision of high-quality supervision. In May 2020, we adopted a telesupervision policy permitting the use of secured virtual platforms for supervision.

DIDACTICS

The content and frequency of our didactic trainings have not been adversely impacted by COVID. Didactics for the 2021-2022 cohort are provided through virtual platforms (Microsoft Teams, Webex) allowing for a virtual face-to-face connection between interns and the presenter.

Much remains uncertain at the local and national levels; however, we expect that COVID-19 will continue to impact the 2021-2022 training year. Our program will continue to prioritize the health and safety of trainees, Veterans, and staff while providing high quality training experiences. We will continue to maintain open communication and flexibility in the day-to-day operations of the internship. We anticipate that the use of distance technologies for clinical services, supervision, and didactics will continue for the foreseeable future but hope that the pandemic will soon wane, and VAEK can return to primarily in-person service provision, supervision, and didactic training.

VII. What's It Like Here? - Psychology Setting

VA Eastern Kansas Health Care System

VAEKHCS is one of eight medical centers in the Heartland Veterans Integrated Service Network (VISN) and is a part of the Veterans Health Administration (VHA)—the Nation's largest integrated health care system. VAEKHCS was created in 1997 by the integration of the Dwight D. Eisenhower VAMC in Leavenworth and the Colmery-O'Neil VAMC in Topeka. Although these two hospitals each have a long history of separately providing medical and psychiatric care, they are each strengthened by their integration. Patients who often travel between the two facilities are now assured continuity of care.



VAEKHCS Mission Statement

To provide accessible, courteous, comprehensive, and quality health care to veterans in an environment of excellence

VAEKHCS Vision Statement

WE Will:

PROMOTE the health and wellness of the veteran population we serve.

ACHIEVE distinction as a quality patient-driven health care system that provides the full range of medical, behavioral, rehabilitative, and preventive services to veterans and others.

IMPROVE our clinical care through research, education, and creative administration to become a model for the future.

VA Eastern Kansas Health Care System is designated as a "general-type" hospital and provides comprehensive medical care for many types of disabilities. There are approximately 1,504 FTEE employed by VAEKHCS. The workforce is ethnically diverse and educationally varied. A recognized leader in technology, VAEKHCS developed and implemented two important technology advancements: Bar Code Medication Administration System and Telephone Nurse Triage Program.

The VAEKHCS is described as serving rural, urban, and suburban populations. Patients are predominantly male although 5.4% are female. The average age is 48 (with a range of 18 to late 90s). The veteran ethnic breakdown includes 27% African Americans, 1% Hispanics/Latinos, and 1% Native Americans. For many veterans, the VA is their only source for health care.

VAEKHCS provides training to 170 students of medicine and psychiatry and allied health professions including psychology, social work, nutrition and food service, and horticultural therapy. In addition, members of the Kansas Air National Guard receive clinical training at COVAMC.

The health care system comprises of fourteen Service Lines:

- Administrative
- Behavioral Health
- Clinical Support
- Diagnostic Care
- Facilities Management
- Geriatrics and Extended Care
- Health and Finance
- Human Resources
- Information Management
- Medicine
- Nursing
- Pharmacy
- Social Work
- Surgery & Surgical Specialties



There are a total of 42 full time psychologists at VA Eastern Kansas Health Care system (26 in Topeka and 16 in Leavenworth). Psychologists have their own administrative service (Psychology Service) but are assigned to Behavioral Health Service Line providing psychiatric care in varied milieu. Psychologists are actively involved as members of multidisciplinary teams. Behavioral Health Service Line consists of a wide range of treatment modalities for short- and long-term patients, and thus a continuum of care for patients. In addition to general psychiatry, there are specialized programs to meet specific patient needs. These programs, as you probably noticed from our rotation descriptions earlier in the brochure, include inpatient and outpatient PTSD, geropsychiatry, neuropsychiatry, addiction treatment, primary care, and others. Interns may be actively involved across these programs.

COLMERY-O'NEIL VA MEDICAL CENTER (COVAMC) (TOPEKA)

OVERVIEW:

Topeka is the capital city of the state of Kansas. The COVAMC is officially designated as a "general" type hospital and has a long history of being one of the finest psychiatric treatment centers in the nation.

A BIT OF HISTORY:



The Topeka VA had its beginnings as Winter General Army Hospital. Winter General was activated as a new military installation on December 26, 1942 to provide medical care to soldiers from Kansas, Missouri, Nebraska, and the Dakotas. The hospital specialized in serving soldiers returning from World War II who were experiencing neurological and psychological disorders.

In December 1945, Winter General was transferred to the Veterans Administration (VA). It was the first Army hospital in the nation to be taken over and operated by the VA following World War II. The new VA Medical Center was formally dedicated on January 11, 1946, with Dr. Karl A. Menninger, noted psychiatrist and author, as Manager. Under his leadership, the hospital became a model for other VA psychiatric hospitals and a training center for the psychiatrists needed urgently by the VA. In the exciting first year of operation, there were



112 residents in psychiatry, five in surgery, four in medicine, and one in otorhinolaryngology.



The number of psychiatrists trained in this hospital exceeded all other hospitals in the United States combined. In addition, specialized training programs were initiated for clinical **psychologists**, nursing personnel, social workers, corrective therapists, speech therapists, occupational therapists, and music therapists. The buildings transferred to the VA were temporary structures. Although new buildings were authorized in 1946, it was not until 12 years later that a new, 23 million dollar, 1,011-bed hospital was dedicated on August 24, 1958. Within a six-hour period, the movement of patients and personnel from the old to the new hospital structure was completed. The present hospital, consisting of 20 interconnected buildings and 174 operating beds, is designed to meet the needs of the current patient population.

DWIGHT D. EISENHOWER VA MEDICAL CENTER (DDEVAMC) (LEAVENWORTH)

OVERVIEW:

Located in Leavenworth, KS, within a short twenty-minute drive from the Kansas City International Airport, the DDEVAMC supports a General Medical and Surgical Hospital, Community Living Center, and Domiciliary. In addition, it supports outpatient, aftercare, and community-based programs in St. Joseph, MO and Kansas City, KS.

A BIT OF HISTORY:

The Dwight D. Eisenhower VA Medical Center (DDEVAMC) was established as the Western National Home for Disabled Veterans in 1885. DDEVAMC is set in rural America on a beautiful campus on the rolling bluffs of the Missouri River. Veterans and staff who find the rural way of life less stressful are attracted to this small midwestern Veterans Affairs facility. With fourteen full-time psychologists, interns find they are quickly integrated into the professional culture, and are given opportunities to expand their knowledge base and gain both breadth and depth in clinical training. Veterans and staff alike value the opportunities gained by being part of a psychology internship training facility.

Psychologists have responsibilities in all areas of the hospital. Direct ongoing clinical work, however, is concentrated in the Mental Health Primary Care Clinic (providing outpatient treatment), Addiction Treatment Program, and the Domiciliary, which houses the Homeless Veterans Program, Health Maintenance Program, and the Psychosocial Residential Rehabilitation Program, and in the Primary Care area of the main hospital. To a lesser degree, there are opportunities for interns to gain experience with specialty areas in Vocational Rehabilitation, Research, and Neuropsychology



VII. Other Than Great Training, What Can I Do Here? – Life outside VA

IN TOPEKA...

General Information about the Community

Topeka is the capitol city of Kansas and the seat of Shawnee County. The population is just over 125,000. Climate is variable – with pleasant springs and mild falls, but also hot summers and cold winters. Forbes magazine, in 2007, named Topeka as one of the leading US cities for greatest variations in temperatures!



Topeka housing is very affordable with rental and purchase prices somewhat below the national average, and a range of housing options are available. The Medical Center is easily accessible to other parts of the city. There is no traffic here! Most in-city commutes are less than 10 minutes (maybe 15 if you include stopping for coffee).

The Topeka area is served by four public school districts, and there are several private schools and a parochial school system which provides classes through Grade 12. Washburn University is considered one of the Midwest's finest urban universities and offers a wide variety of undergraduate and graduate degree programs. Its School of Law and Business are nationally known. Kansas State University is 60 miles west in Manhattan, and the University of Kansas is in Lawrence, 25 miles east.

Arts, Culture, Outdoor Activities, Recreation, Festivals, etc. (Remember... this really is a 40-hour work week!)

Topeka has a thriving arts scene! Recognized by the New York Times, the NOTO (North Topeka) district is a vibrant neighborhood of art galleries, cafes and boutiques, and antique emporiums all housed in historic buildings. ARTSCONNECT hosts a First Friday Artwalk, in which galleries all across the city host special events each month to support local artists, strengthen the community, and support the economy. Topeka also have a symphony orchestra, two dinner theaters, and a ballet company. The Mulvane Art Center at Washburn University is the oldest accredited art museum West of the Mississippi and houses a permanent collection of American paintings and sculpture. The Kansas History Museum gives visitors a panorama of the state's past. In addition, the Kansas Expocentre and Topeka Performing Arts Center provides an excellent forum for headline entertainers throughout the year.



The Brown v. Board of Education National Historic Site is located in Topeka, and The Brown v. Board Mural Project was recently completed. It is located across the street from the National Historic Site. The mural explores themes of equality and justice through the eyes of young people in our community. Artist Michael Toombs directed the painting of the 130' x 30' wall along with a team of artists and thousands of members of the community.



Topeka hosts many long-standing, annual festivals and events through-out the year. Just to name a few:



- Mulvane Art Fair – Art Fair with over 90 national and regional artists on the Washburn Campus with live music, food, and hands-on-art-making experiences.
- Huff 'n Puff Hot Air Balloon Festival – Watch or ride (tethered) more than 30 colorful hot air balloons as they are launched over Lake Shawnee.
- Heartland Military Day – Civil War and WWII reenactments, special exhibits, Big Band and Swing concerts at the Museum of the Kansas National Guard at Forbes Field.
- St. Patrick's Day Celebration - A Topeka tradition featuring the Great Topeka Bed Race (and a parade).
- Fiesta Mexicana – A celebration of Topeka's Mexican culture, including a parade downtown and five nights of traditional Mexican food, music, and dancing.
- Tulip Time - Spring is breathtaking in Topeka! See thousands of tulips and daffodils in picturesque gardens around town, including Ted Ensley Gardens at Lake Shawnee, Old Prairie Town and Gage Park's Reinisch Rose Garden and Doran Rock Garden.
- Sunflower Music Festival - Annual series of donation-only orchestra concerts, chamber music, and jazz at White Concert Hall on the Washburn University campus from world-renowned musicians from across the North and South America.

Topeka offers its residents a wide variety of recreational activities. The area has five public and four private golf courses. An excellent Parks and Recreation program sponsors team/individual sports of all kinds, including yoga, fencing, softball, and volleyball (just to name a few!). Topeka has miles of paved, gravel, and wooded trails. The Rails-to-Trails project in Kansas includes 23 rail-trails (287 miles) and is growing. Canoeing, kayaking, and hiking are also available along the Kansas River, a National Water Trail connecting the river from Junction City to where it meets the Missouri River near Kansas City. There are numerous public tennis courts, swimming pools, and health/fitness centers in Topeka. Within 50

miles of the city are five large lakes and reservoirs ideal for swimming, boating, skiing, and fishing. Hunters find many opportunities to pursue their sport in the surrounding countryside. Topeka is the proud home of the Pilots, a NAHL hockey team. The Sunflower State Games are held here every July, which feature more than 45 sports for people of all ages and skill levels – everything from track and field, horseshoes, adventure races and BMX, to cricket, disc golf and martial arts. Topeka is also home a motorsports complex that features a unique 2.5-mile road course and a 1/4-mile dragstrip and brings in races from NASCAR and NHRA.



IN LEAVENWORTH...

General Information about the Community

The City of Leavenworth was founded in 1854 and proudly hales as the “First City of Kansas.” The city grew just south of Forth Leavenworth, and its location on the Missouri River made it a destination for refugee African-American slaves seeking freedom from the slave state of Missouri in the antebellum years. Currently, about 35,000 people reside in the city of Leavenworth. Rental housing is available in the Leavenworth area and is priced below the national average. However, many interns prefer to live in Lawrence or the Kansas City Metro where options are plentiful. Staff live in Leavenworth or commute from Kansas City, KS; North Kansas City, MO; Overland Park, KS and Lawrence, KS.



Arts, Culture, Outdoor Activities, Recreation, Festivals, etc.
(Remember... this really is a 40-hour work week!)

Leavenworth has many events and festivals throughout the year. Some of the more noted ones include Hidden Art Locked Away, Frontier Army Encampment, Great American Yard Sale at Ft. Leavenworth, Annual Herb Market, County Fair, Antique Shows, Festival of Trees, Haunted Houses of Ft. Leavenworth, lots of parades, and the Candlelight Vintage Home Tours. Other tours available include the Victorian Carroll Mansion and Museum, Ft. Leavenworth, Frontier Army Museum, St. Mary College, Heimhof Winery, and First City Museum. These are all in town. Nearby Weston offers antiques, a small town winery, and hometown atmosphere.



Fort Leavenworth, just north of the city, is the oldest Fort west of the Mississippi River that has been in continuous operation. Among numerous historical sites, there is visible evidence of a cut in the terrain that was made by heavy-laden wagons pulled by teams of oxen as they journeyed west on the Oregon and Santa Fe Trails. Fort Leavenworth is home to the Buffalo Soldier Monument. This nationally-recognized monument was dedicated in July 1992, honoring the 9th and 10th Cavalry Regiments comprised of black soldiers who were called "Buffalo Soldiers". General Colin Powell initiated this effort while stationed at Fort Leavenworth. As a matter of record, the Buffalo Soldiers have been honored for their bravery and service more than any other American military unit, yet history fails to reflect this.

The City of Leavenworth has 424 acres of parks, play areas, and spacious grassy areas. The parks offer numerous amenities such as a dog park, tennis courts, playgrounds, softball and baseball fields, picnic shelters, horseshoe courts, sand volleyball courts, basketball courts, an outdoor summer aquatic center, a campground, and trails. Leavenworth is on the west bank of the Missouri River, and there are great opportunities here for outdoor adventures and beautiful views (check out the view from the window of Dr. Heflin's office!)

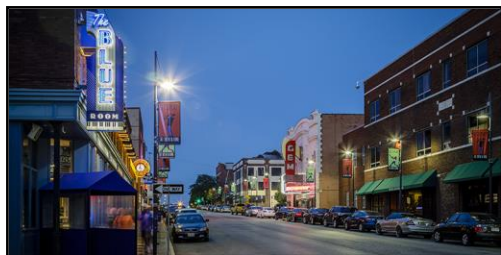


IN THE KC METRO AND LAWRENCE AREAS...

Kansas City is only about 30 minutes from Leavenworth and 60 minutes from Topeka. The KC Metro area is a 15-county metropolitan area anchored by Kansas City, Missouri and includes both Missouri and Kansas. The population is over 2,100,000 and includes a number of other cities and suburbs, the largest being Overland Park, Kansas; Kansas City, Kansas; Olathe, Kansas; and Independence, Missouri; each over 100,000 in population.

Arts, culture, sports, recreation, relaxation, great food and drink, history, fabulous shopping – all are in Kansas City. The multitude of activities in KC is beyond the scope of this brochure, but here are some of our favorites...

Kansas City is home to the Nelson-Atkins Museum of Art, and also has many fine art galleries and studios, contemplative public art installations, and multi-dimensional art-related events. The Crossroads Arts District is home to more than 400 local artists and 100 independent studios, and is one of the most concentrated gallery districts in the nation. First Fridays happen all across the city – including the Crossroads, 18th and Vine, and the West Bottoms - each month with vintage markets, food trucks, street music, aerial performances, sidewalk vendors, buskers, live theater, traditional and avant-garde art exhibits.



The 18th and Vine District in Kansas City is home to the Negro Leagues Baseball Museum and the American Jazz Museum. 18th and Vine is internationally recognized as a hub for African-American businesses and was also noted to be the birthplace of Kansas City Jazz. Many important Jazz artists have played this area, but Charlie Parker is most notable. The KC Monarchs played from 1920 to 1965, and fielded Satchel Page, Buck O'Neil, and Jackie Robinson.

The National World War I Memorial and Museum houses more than 55,000 objects and is the only American museum dedicated solely to preserving the objects, history, and personal experiences of those during WWI. Opened in 1926 as Liberty Memorial, it was expanded and opened to the public in 2006 as a museum. Just east of Kansas City in Independence, MO is the Harry S. Truman Presidential Library and Museum. Kansas City is also home to Union Station, Historical Westport, the Mahaffie Stagecoach Stop and Farm, the Steamboat Arabia Museum, and Thomas Hart Benton Home.



Kansas City also has a thriving performance scene including the new Kauffman Center for the Performing Arts and the Sprint Center which hosts large concerts. Other venues - such as Starlight Theatre, The Folly, and The Music Hall - provide great opportunities for live entertainment. Great music is available throughout the city. The downtown KC area has been revitalized and is home to the Power and Light District – where there are ample options for entertainment, food, and drink.

Sports fans will enjoy the options in KC. Baseball fans can catch a Kansas City Royals game at the K throughout the summer. The Kansas City Chiefs are our professional football team – and we are hoping for a good season this year with Patrick Mahomes at the helm! Sporting KC is the awesome soccer team, and (soccer-fan or not) joining the KC Cauldron in awesome. Minor league sports include the T-Bones (baseball), Phantoms (indoor football), Storm (women's tackle football), Mavericks (hockey), Roller Warriors (women's roller derby), Blues (rugby), and Brass (soccer).

Kansas City also boasts some pretty great food – and barbeque is at the top of the list! Kansas City Joe's, Arthur Bryant's, Jack Stack, Q39, and LC's are all pretty fabulous, and there are many more! Other treats include Lydia's (Italian), Meshuggah Bagels, Betty Rae's Ice Cream, Bob Wasabi Ktichen (sushi), Café Gratitude (vegetarian), Novel (American), Rye (fried chicken), Stroud's (fried chicken - because who can ever get enough fried chicken?), Upper Crust (pie), The Capitol Grille (Steak), Third Street Social (Southern-ish), Black Dog Coffee/Ibis Bakery, Korma Sutra (Indian), Donut Lounge, Blue Koi Noodles and Dumplings, and D'Bronx Pizza and Deli.



Lawrence, Kansas is a community of 87,000 and is a vibrant college town - home to Haskell Indian Nations Univeristy and the University of Kansas (KU). On the campus at KU, you can catch a Jayhawks basketball game at historic Allen Fieldhouse, visit the Spencer Museum of Art or the KU Biodiveristy Institute and Natural Hitory Museum, or see the Robert J. Dole Institute of Politics. You can also catch a Jayhawk football game... but, keep your expectations low. Outdoor activities in Lawrence include the Clinton Lake Recreational Area, the Haskell-Baker Wetlands, and Rock-Chalk Park. Shopping, food and drink is plentiful on Massachussetes (Mass) Street.

Want to explore further...

The Kansas City International Airport is about 25 minutes north of the Leavenworth community and 75 minutes from Topeka. It is served by many major airlines, including American, Southwest, Delta, United, and Spirit.

COMMUTERS...

Interns commonly opt to live in the KC Metro or Lawrence areas while interning at VAEK. A federally-funded rideshare program is available from both the KC and Lawrence areas. Interns are eligible to participate and can **APPLY** for this program **BASED UPON AVAILABILITY**.



VIII. Sounds Great! What Do I Do Next? Application & Selection Procedures (Thanks for Reading This Far!)

APPLICANT QUALIFICATIONS:

To be considered for the predoctoral stipend internship program, the applicant must be a full time student actively involved in pursuing the Ph.D. or Psy.D. degree in Clinical or Counseling Psychology from an APA -ACCREDITED PROGRAM. The student must have completed a minimum of 500 practicum hours and be within one year or less of completing all requirements for the Ph.D. or Psy.D. They must have completed all graduate prerequisites for internship candidacy including completion of comprehensive exams by November 15th of the fall in which they are applying for internship. All applicants must have U.S. citizenship to be considered for an internship with the VA. A male applicant born after 12/31/1959 must have registered for the draft by age 26 to be eligible for any US government employment, including selection as a paid VA trainee. Male applicants must sign a pre-appointment Certification Statement for Selective Service Registration before they can be processed into a training program. Interns and Fellows are subject to fingerprinting and background checks. Match result and selection decisions are contingent on passing these screens. VA conducts drug screening exams on randomly selected personnel as well as new employees.

ONLINE APPLICATION PROCEDURE:

Students may now access the AAPI Online (www.appic.org, click on "AAPI Online") to create and develop their application for the selection process. In order to apply to VAEKHCS, please complete the APPIC online registration. **In the cover letter, please specify which site (Leavenworth, Topeka, or both) you are applying to.** Additionally, please provide us with three letters of recommendations and your graduate school transcripts. We do not require any supplemental information to the online application. The AAPI Online should be used by students to apply to all APPIC-member internship programs as well as those non-member programs that register to participate in the APPIC Match.

POST APPLICATION PROCESS:

The Department of Veterans Affairs and the VAEKHCS is an equal opportunity employer. VA does not tolerate unlawful discrimination, including workplace harassment, based on race, color, religion, national origin, sex (including gender identity, transgender status, sexual orientation, and pregnancy), age (40 or older), disability, genetic information, marital status, parental status, political affiliation, or retaliation for opposing discriminatory practices or participating in the discrimination-complaint process. This applies to all terms and conditions of employment, including recruitment, hiring, promotions, transfers, reassignments, training, career development, benefits, and separation.

Training staff recognize the impact of race, ethnicity, sexual orientation, age, disability, culture, and gender across all levels of psychological theory, research, practice, and education. We seek both staff and interns who are strongly committed to diversity and who are supportive of providing a welcoming work and training environment. We welcome members of underrepresented groups including women and minorities, and encourage them to apply for positions. The training staff at the VAEKHCS believes that we provide a safe and encouraging environment for the exploration of multicultural and diversity issues.

Each site (COVAMC and DDEVAMC) appoints a minimum of three psychologists to serve on independent Intern Selection Committees. Each member reads, reviews, and scores the applications assigned to them. After all applicants have been reviewed and rank ordered, the top applicants at each site will be offered interviews. Applicants not selected for interviews will be notified (by e-mail) by December 15th that they are no longer candidates for the VAEKHCS internship. On-site interviews will be in early January. Applicants may be offered interviews at one or both sites.

Following the last scheduled applicant interview, the Intern Selection Committees will meet again with additional information gathered during the interviewing process and will rank order their respective candidates. There will be no notification for candidates who are no longer under consideration.

The VAEKHCS submits two lists to the National Matching Service: one list is submitted ranking candidates for the COVAMC (Topeka) program (National Matching Service Number is 130412) and one list for the DDEVAMC (Leavenworth) program (National Matching Service Number is 130411). Lists must be submitted in accordance with yearly dates established by APPIC. Applicants may be listed by one or both sites.

APPIC Match Day is generally in late February, set yearly by APPIC. Following confirmation of match results, the Site Directors will confirm the selection of interns by phone and letter to the applicant and the applicant's university training director. Selected interns will be asked to provide a written statement officially accepting and committing to the internship training program. Interns will be required to complete an application for federal employment, to include a physical examination, prior to the internship start date. This will be coordinated through VAEKHCS administrative staff. We recommend completing the physical examination at VAEKHCS. Additionally, interns will be assigned computer based training modules to be completed prior to their arrival.

IX. What's Left? The Other Stuff...

Requirements for Completion—LEAVENWORTH AND TOPEKA

COMPETENCY-BASED MODEL

The training program is a sequentially graded competency-based model culminating in the production of scientist-practitioner psychologists. Competency evaluation begins with orientation and ends with year-end evaluations.

Specific criteria for demonstrating competencies are provided in the training manual that each intern receives during orientation week. Criteria include demonstration of the nine profession wide-competencies, which include research and scholarly inquiry; ethical and legal standards; individual and cultural diversity; professional values, attitudes, and behaviors; communication and interpersonal skills; assessment, conceptualization, and diagnosis; intervention; supervision; and consultation and interpersonal/interdisciplinary skills. Demonstrated competency in these areas is required for successful completion of the internship.

Competency evaluation begins during orientation with which each intern provided the opportunity to demonstrate criteria-based competency in administration and scoring of selected psychological instruments as well as psychological report writing. Additionally, interns are provided the opportunity to demonstrate basic therapy knowledge and skills of therapeutic interventions. Seminars and skills training are provided to work on and correct any entry-level deficits.

The specific criteria for competencies to be achieved during the year are made available to the interns in the training manual. While some competencies may be achieved on more than one rotation (e.g., intervention competency may be achieved in the Mental Health Clinic, PTSD Unit, and other treatment areas), other competencies may only be gained in specific labs (e.g., Neuropsychology Lab, Biofeedback Lab, Motivational Interviewing with Addicted Individuals). While all interns must achieve a targeted level of competence, at the intern's initiative, other competencies may be achieved by meeting established criteria set forth in the training manual and specialized competencies may be acquired with the approval of rotation and case supervisors and the director of training.

Administrative Policies and Procedures

INTERN AND EMPLOYEE GRIEVANCES

It is the policy of the VAEKHCS to identify and make reasonable and proper efforts to correct causes of employee dissatisfaction on the job. Careful consideration will be given to intern and employee grievances. The interns and staff use the formal grievance procedure of the VAMC should such an issue arise. There is also a formal process to monitor intern progress and remediate training problems. The policies and procedures are delineated in the intern manual which each intern receives during orientation.

GOVERNING PRINCIPLES

The VAEKHCS Psychology Internship Training Program abides by APA, APPIC, and National Matching Service (NMS) guidelines in the selection of interns. Furthermore, VAEKHCS is an Equal Opportunity Employer. VAEKHCS does not tolerate unlawful discrimination, including workplace harassment, based on race, color, religion, national origin, sex (including gender identity, transgender status, sexual orientation, and pregnancy), age (40 or older), disability, genetic information, marital status, parental status, political affiliation, or retaliation for opposing discriminatory practices or participating in the discrimination-complaint process. This applies to all terms and conditions of employment, including

recruitment, hiring, promotions, transfers, reassignments, training, career development, benefits, and separation.

APPIC provides their policies and procedures and the NMS policies on the website: www.appic.org. The website also provides information on filing grievances with the APPIC Standard and Review Committee should applicants perceive that policies have been violated.

This internship site agrees to abide by the APPIC policy that no person at this training facility will solicit, accept, or use any ranking-related information from any intern applicant.

Facility and Training Resources

All interns at VA Eastern Kansas Health Care system have a private furnished office with computer access. All computers come loaded with the VA electronic records system and Microsoft Office software. Computers do have access to the internet, and there is access to an online research database.

EMPLOYEE ASSISTANCE PROGRAM (EAP)

The COVAMC contracts with New Directions to provide employee assistance. Services are confidential and range from helping with placement of elderly family members in another state to crisis intervention for a staff member. There is no cost to staff or interns for this service.